

# AROMACARE, VITALIZING BODY AND MIND





## AROMACARE, VITALIZING BODY AND MIND

In aromatherapy, essential oils are used to affect wellbeing, both sensually and physically. With their help, we can support health and spirits in a gentle and natural way.

# 14

## GENTLY RELAXED

*To support important life themes (review p. 10), we have developed all-natural aroma care products with essential oils that are easy to apply at home.*

*For example, to enjoy a moment of clarity in hectic everyday life with fragrant help.*



## essential oils

*pure natural plant power  
for the individual  
aroma help*

# 32



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# 62

## FARFALLA- ACADEMY

*To learn something new; to do something good for yourself and for others using natural substances; to enhance your professional spectrum with specialized knowledge; to awaken your own talents, work with sensual natural products; to discover your own potential and the one of natural substances!*

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## FOR THE INDIVIDUAL AROMACARE

*Essential oils must not be applied undiluted to the skin. Therefore they are mixed with organic plant oils, aloe vera and organic hydro-lates, the gentle siblings of essential oils, thus complementing the triad.*

## 48

*Be refreshed*

### COOL DOWN SPRAY AGAINST HOT FLUSHES

The unpleasant side effects of menopause can be alleviated with this aroma care formula. Rose geranium is a great regulating oil in this condition, orange blossom water is generally very refreshing. Spraying helps best when used regularly, several times a day.  
Tanja, pharmaceutical assistant

#### PRODUCTS

75 ml  
organic orange  
blossom water

#### FORMULA

1. Mix 1.75 ml organic orange blossom water with 3 drops of rose geranium essential oil. Shake well and apply on face and wrists.

# THE HARMONY OF BODY, MIND AND NATURE

## FOUNDERS TIMES

*The quest for an answer to how health, a well-balanced mind and natural beauty could form a harmonious entity, led to the launch of Farfalla.*

*The Farfalla founders were young and eager to experiment and in some ways pioneers, trying out things which were still considered exotic in the 1970s. They practised yoga and macrobiotics, produced their own tofu and kombucha – continually searching for health and inner peace.*

*This search took the first Farfalla generation to meet people around the world who taught them that the use of plants could bring body and mind in harmony.*



*Thanks to the use of our aroma therapeutic knowledge our products have the amazing ability to affect our mental health as well as our body.*

*It also fascinates us to discover that the diversity of potent plant raw materials allows an almost boundless spectrum, making our product range an indispensable tool box for well-being.*

## THE FASCINATION GOES ON...

*The vision of the Farfalla founders flows now into the 2nd generation.*

*Malvin Richard, grown up in a hippie community, has taken over the management of the company. He is supported by an experienced team as well as by new colleagues in perpetuating the values and ideals of assisting humankind with the power of plants to increase their personal well-being, as the general basis for happiness and satisfaction.*



*More than just a brand name:  
The butterfly symbolises for us:*

METAMORPHOSIS & REGENERATION  
BEAUTY & FEMININITY  
INDIVIDUALITY & DIVERSITY  
NATURE & ECOLOGY  
VITALITY  
...FOLLOW THE BUTTERFLY...



# THE INDIVIDUAL PATH TO WELL-BEING

*Our travels take us to meet people all around the world who teach us that the use of plants can bring body and mind in harmony.*

*Encounters with people all over the globe have shown us how many different ways can lead to an increase in well-being.*

*On this basis we have brought together a unique collection which conveys inspiration and gives guidance as to how the aromatic plants and their products can help each individual to feel content and healthy.*

*Those who follow the butterfly nowadays will quickly notice: never before have natural cosmetics and aroma care been as individual, as holistic, as inspirational.*

**Ethnobotany** is the study of a region's plants and their practical uses through the traditional knowledge of a local culture and people – an inexhaustible source which teaches us how plants all over the world were used for medicinal purposes, cosmetics and customs.

## ETHNOBOTANISCH INSPIRIERT: DIE 1. FARFALLA-REZEPTUR



	1	3	5	10	15
Mandelöl	7	21	35	70	105
Lactobase	15	45	75	150	225
Ethylalkohol	0,25	0,75	1,25	2,5	3,75
Rosenwasser	20,5	61,5	102,5	205	307,5
Dest. Wasser	83,5	250,5	417,5	835	1252,5
K.O.			1331,5		
K.W. 1,5 0/100	0,2	0,5	1,0	2,0	3,0
Rose concide				2,30	
Rose anat.				1,0,35	
Gard.				0,2	
Vanille				0,2	





# THE POWER OF PLANTS

Medicinal plants have been used for centuries to treat illnesses. Science now acknowledges the efficacy of traditional medicine. Plants affect health, well-being and beauty: with their essential oils they give us a powerful effect in a highly concentrated form.

Experimental tests as well as numerous studies support reports of healing from the use of essential oils. They have proved their value in health care, in daily well-being or for mental or physical disorders.



*Aromatherapy is the practice of using natural essential oils from plants for healing purposes.*

**follow the butterfly**



**We make butterflies fly!**

*Our promise:*

- 100% natural, highest possible percentage of organic raw materials 80%, demeter, controlled organic farming, 0% synthetic, nano or GMO
- Fair trade: plant projects guaranteed purchases
- Sustainability: 100% green electricity organic growth
- Tierwohl: tierversuchsfrei, vegan
- Owner-managed Social competent company culture
- Certifications: Certified Sustainable Economics(CSE) Certified natural/organic/ecological cosmetics (Natruel/BDIH)

*The essence of the company's philosophy is that, out of respect for humankind, animals and nature, all business activities have a consistent, ecological and humanitarian basis.*



## Our raw materials

*Guaranteed top quality by owner-ship of aromatic plant cultivation in Madagascar (organic fair trade project) and South France (organic village Correns) and by selected, long-standing partners all over the world.*



*The best of the best: the Farfalla label «Grand Cru» stands for the essential oils from producers who are not only passionate about organic cultivation or wild harvesting, but also offer a social added value. As an example, our partner in India em-*

*ploys underprivileged women or our own project in Madagascar involving over 2000 small farmers or the women in the South of France living in a poor region who carry out wild harvesting, thereby preserving an old tradition.*



*care facilities and hospitals confide in our products\**

**\* Substantiated**

*expertise in aromatology and highest quality standards have not gone unnoticed: for over 30 years we have been Swiss market leaders for aromatherapy and its products. Our 30-year old experience has given us a valuable knowledge in aromatherapy and the use of essential oils – this we pass on in our academy with certified courses in aromatherapy, care and advice. (read more on pages 36/37)*



## OUR PRODUCTION: MADE IN SWITZERLAND...

*...stands for the highest competence and most modern processing under strict control in both Swiss GMP certified production sites in Zurich and Jura.*



# AROMACARE VITALIZING BODY AND MIND



## YOUR HEALTH, YOUR BUTTERFLY

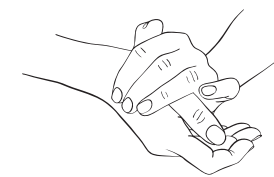
*Right from the start of their adventure, farfalla founders' goal has always been to support one's own wellbeing management in a smooth and natural way, as it still is the case today.*

*In aromatherapy, fragrances, namely essential oils, are used to influence health and wellbeing, both sensuously and physically.*

*In addition to the sensual experience of essential oils, numerous studies confirm their effectiveness in treating discomforts and mood disorders.*

*That makes aromatherapy the perfect preventive health care. farfalla AromaCare uses these fragrant ingredients to strengthen physical and mental health in a completely natural way. Aromacare vitalizing body and mind.*

### How to use AromaCare products?



*Skin care*



*Aroma lamp*



*Room scent*

## 1

### Themes

Aroma care products containing essential oils can strengthen body and mind in a completely natural way. In support of the most important life themes, we have developed aroma care products that are easy to use at home.

## 2

### individual

*Essential oils work a holistically on people, they relax and brighten, improve concentration or help in getting a good sleep. All-natural essential oils can target individual needs and serve personal scent preferences.*

## 3

### Extra care

*Essential oils and 100% aroma blends of essential oils must not be applied undiluted to the skin. This is why in skin care, organic plant oils and organic hydrolates, being the skin-friendly super-smooth siblings of essential oils, play an essential part in aromatherapy.*

# OUR WELLBEING THEMES

## 1

Themen



### STAY HEALTHY

*The centuries-old tradition of the monastery gardens reveals that aromatic plants have been appreciated for curing pains and promoting health protection. Essential oils embody the very essence of these plants. They are ideally suited to prevent mental as well as physical disorders.*



### GENTLY RELAXED

*So many things to do, so many challenges to meet, so many obstacles to overcome: all that can be overwhelming at times. We long for things to slow down. To get away from the daily routines and find an oasis of peace. To shut down and relax. We show you how.*



### BE REFRESHED

*Breathing in deeply in an environment refreshed with invigorating essential oils will help us to find back to ourselves, to live up to our potential, to act with confidence and vitality. Let us capture the day!*



### COMFORT

*The feeling of being enveloped by a warming, harmonizing and soothing fragrance, of enjoying a relaxing bath or a luscious and pleasant body oil, these treats will boost your self-confidence and give you comfort.*



### JOY OF LIFE

*In the rush of everyday life, the sheer joy of living can get lost at times. Cheerful fragrances can gently raise our spirits – find back to the sunny side of life!*



### TO BE PROTECTED

*It is sometimes necessary to secure our own personal space and keep stress from getting too close if we want to remain open to positive impulses and inspiring encounters. Protection and dissociation from “energy thieves” are often a necessity, especially in social professions.*



### SLEEP WELL

*Had a good sleep? When body and mind do not find rest at night, the risk of an impaired state of health and general condition threatens at long term. With the reliable and gentle help of lavender you will enjoy deep relaxation and wake up feeling refreshed in the morning.*



### CONCENTRATION

*When focussing on a specific theme, the appropriate fragrance can give you the right impulse; it will support the mental work, relieve exhaustion, the lack of concentration and nervousness.*



### AROMA-YOGA

*Gently enveloped by sunny-fruity fragrances, feel the sound of the inner OM - a deep breath gifts you with pleasant relaxation and due balance, letting you enjoy peaceful moments or a soothing yoga practice. Namasté!*

# STAY HEALTHY



*The centuries-old tradition of the monastery gardens reveals that aromatic plants have been appreciated for curing pains and promoting health protection.*

*Essential oils embody the very essence of these plants. They are ideally suited to prevent mental as well as physical disorders.*



FIREWALL  
FOR THE AMBI-  
ENT AIR



## RAVINTSARA AIR-PURIFYING ORGANIC PROTECTION SPRAY

*This aromatic blend with ravintsara essential oil from the farfalla organic Fairtrade project in Madagascar is a real firewall for the ambient air. This herbal fresh scenting spray is a must whenever a fragrant bodyguard is needed to cleanse, vitalise and neutralise the ambient atmosphere. Objective: to stay healthy!*

75 ml

## EUKALYPTUS REGENERATING BUBBLE BATH

*With its expectorant and regenerating qualities the essential oil of eucalyptus radiata is a true and well-known benefactor in the cold season. The typically eucalyptus fresh bubble bath gives you a break and helps you get back on your feet.*

75 ml

## MINZE CLEAR HEAD AROMA ROLL-ON

*When a storm is brewing in your mind and when the first thunderclouds already start unloading, peppermint essential oil is a proven remedy. Its fresh and cooling fragrance helps to clear head and thoughts. Peppermint will also bring soothing relief when the gut feeling is not right.*

10 ml

## RAVINTSARA CHEST BALM

*Ravintsara essential oil is invigorating and liberating. It is a beneficial companion during the cold season. The herbaceous fresh balm strengthens the spirits. Not suited for children under 10 years!*

30 ml

## SANDELWOOD BREATHE WELL AROMA BLEND

*The Balmic properties of sandelwood make this essential oil a reliable helper during the cold season. The warm and soothing fragrance stimulates beneficial breathing and revives your spirits. How soothing it can be to feel your own breath!*

5 ml

## RAVINTSARA WINTER PROTECTION AROMA BLEND

*This aromatic blend with ravintsara essential oil from the farfalla organic Fairtrade project in Madagascar is a real firewall for the ambient air. It will always find its way in the aroma lamp and the dispenser when a fragrant bodyguard is needed to cleanse, vitalise and neutralise the ambient atmosphere. Objective: to stay healthy!*

5 ml



# GENTLY RELAXED



*So many things to do, so many challenges to meet,  
so many obstacles to overcome:  
all that can be overwhelming at times.  
We long for things to slow down.  
To get away from the daily routines and find an oasis of peace.  
To shut down and relax. We show you how.*



LEAN BACK  
AND RELAX

## GENTLY RELAXED SET FOR BEGINNERS

*Tune out, phase down, find inner peace. Selected essential oils soothe and unwind body and spirits. When the wheel of thoughts is spinning ever faster, with anxiety and tension as fellow passengers, the fresh, bitter-sweet fragrance of the orange blossom can help to back out. Just give 2-3 drops Butterfly on the aroma stone and place it in a suitable spot. Repeat as necessary.*

## ORANGE BLOSSOM SOOTHING ORGANIC AIR FRESHENER

*Embracing and soothing, the essential oil of orange blossom will calm the waves and help you let go. The fresh bittersweet fragrance revives the spirits, delights the heart and banish dark thoughts.*

75 ml

## ORANGE BLOSSOM SOOTHING BUBBLE BATH

*Embracing and soothing, the essential oil of orange blossom, along with the caressing foam of your bubble bath, will calm things down and help you let go. The fresh bittersweet fragrance revives the spirits, delights the heart and banishes dark thoughts.*

75 ml

## ORANGE BLOSSOM RELAXATION AROMA BLEND

*When the carrousel of thoughts is spinning ever faster, with anxiety and tension as fellow passengers, the fresh, bitter-sweet fragrance of orange blossom can help to back out.*

5 ml

## ZEDRAT MOMENTS OF LEISURE AROMA BLEND

*To stop the wheel of time for a moment and feel the inner peace. The fruity-fresh and at the same time smooth fragrance of the citron is harmonising, relaxing and a wonderful helper when it becomes necessary to escape from the daily stress and come back to oneself.*

5 ml



# BE REFRESHED



Breathing in deeply in an environment refreshed with invigorating essential oils will help us to find back to ourselves, to live up to our potential, to act with confidence and vitality. Let us capture the day!



GOOD VIBRATIONS FOR THE AMBIENT AIR



## BE REFRESHED SET FOR BEGINNERS

Content: 1x lemon - Refreshing organic travel spray 30ml & 1x peppermint organic hydrolate 30ml. A fragrant travelling companion for globetrotters and cityhoppers. Natural essential oils ensure good vibrations - also when on the move.

30 ml

## LEMONGRASS ATMOSPHERE ORGANIC AIR FRESHENER

Good vibrations for the ambient air. When the room atmosphere needs an intensive cleaning cycle, the lemony-fresh natural lemonGrass essential oil is the ideal cleaning agent. With its bitter Grasssy combination, it is predestined to neutralise unpleasant odours and eliminate bad vibrations.

75 ml, 1000 ml

## LEMON REFRESHING ORGANIC AIR FRESHENER

When days are warm and sticky, the spirits often need a gentle nudge. The stimulating natural organic air freshener with the essential oil of lemon is wonderfully fruity and refreshing, it inspires and vitalises weary spirits and hot heads.

75 ml, 1000 ml

## LEMON REFRESHING ORGANIC TRAVEL SPRAY

A fragrant travelling companion for globetrotters and cityhoppers. When the ambient air in your hotel room, your car, etc. needs a wash, a few spray shots will help, as the fruity-fresh lemon fragrance will neutralise unpleasant smells or bad vibrations. Directly applied on the skin, it inspires and vitalises weary minds and hot heads.

30 ml

## LEMON REFRESHMENT AROMA BLEND

When days are warm and sticky, our spirits can use a gentle nudge. The stimulating natural aromatic blend with the essential oil of lemon is wonderfully fruity and refreshing, it inspires and vitalises weary minds and hot heads.

5 ml

## LEMONGRASS ATMOSPHERE AROMA BLEND

Good vibrations for the ambient air. When the room atmosphere needs an intensive cleaning cycle, the lemony fresh natural aromatic blend with the lemonGrass essential oil is the ideal cleaning agent: predestined to neutralise unpleasant odours and eliminate bad vibrations.

5 ml, 10 ml

# COMFORT



The feeling of being enveloped by a warming, harmonizing and soothing fragrance, of enjoying a relaxing bath or a luscious and pleasant body oil, these treats will boost your self-confidence and give you comfort.



MORE THAN CUDDLING : SUPPORTS AND GIVES SELF-CONFIDENCE

VANILLE  
CARESSING  
ORGANIC  
AIR FRESHENER

This velvety soft lovely air freshener with the sweet vanilla fragrance is a real soul comforter. Exactly what you need when the soul is in need of delicate attention and it is time to retreat and enjoy peaceful moments.

75 ml

JASMIN  
APHRODISIAC  
BODY OIL

A relaxing and uplifting skin pleasure from the moisturising organic jojoba oil and the aphrodisiac jasmine essential oil. Just what you need for a spoiling body care or a loving massage. Applied on slightly moist skin, it is quickly absorbed and leaves a delightfully velvety feeling.

75 ml

IRIS  
CUDDLY &  
TENDER  
BODY OIL

Who would not like to feel sheltered and embraced? With its spoiling and embracing effect, the gently flowery and spoiling essential oil of iris emphasises the tender feeling when oiling after a bath or shower or when getting a loving massage. Nourishing organic jojoba oil moisturises the skin sustainably.

75 ml

VANILLE  
ENVELOPING  
BUBBLE BATH

The sweet scent of vanilla along with the caressing foam of your bubble bath gives you a comforting feeling of relaxation and tender loving care. Immerse yourself and enjoy the gentle feeling of protection.

75 ml

IRIS  
CUDDLY &  
TENDER  
SEA SALT  
BATH

A warm and cuddly sea salt bath is a wonderful helper against stress and tensions. The mood boosting and balancing composition with the essential oil of iris caresses the soul, indulge the nose and envelops like a cuddly embrace.

60 g

VANILLE  
COMFORT  
AROMA BLEND

When it becomes uncomfortable out there, it should feel all the more cozy inside. The aromatic blend with sweet vanilla gives a feeling of protection and comfort: exactly the right thing when the soul is in need of gentle attention and when it is time to withdraw and enjoy relaxing moments.

5 ml

IRIS  
CUDDLY &  
TENDER  
AROMA BLEND

The soft-as-a-cloud aromatic blend with the gently floral and powdery iris is an atmospheric companion for enjoying the moment, for snuggling and indulging. A glimmer of hope for mind and soul.

5 ml

# JOY OF LIFE



*In the rush of everyday life,  
the sheer joy of living can get lost at times.  
Cheerful fragrances can gently raise our spirits –  
find back to the sunny side of life!*



ON  
TO THE SUNNY  
SIDE OF LIFE!



VANILLE  
MANDARINE  
MOMENTS  
OF HAPPINESS  
ORGANIC  
AIR FRESHENER

Ein Glücksbringer,  
Glücklichmacher,  
Seelentröster,  
fruchtig-weich  
und lieblich-süss.  
Der himmlische  
Bio-Raumspray mit  
Vanille und Man-  
darine sorgt für Joy  
of life und ist nicht  
nur bei Kindern ein  
Gute- Laune-Garant.

75 ml

BERGAMOTTE  
JOY OF LIFE  
ORGANIC  
AIR FRESHENER

A fragrance that  
gives your mood a  
little nudge - over  
to the bright side  
of life! The gentle,  
fruity-flowery air  
freshener cheers up  
the soul, makes you  
happy and lets dark  
thoughts fade away.

75 ml

ROSE  
ENVELOPING  
BODY OIL

Heartwarmingly  
harmonising, en-  
chantingly flowery.  
The essential oil of  
the Damascus rose  
emphasises the  
tender feeling when  
oiling after bath or  
shower or when  
getting a loving mas-  
sage with its spoiling  
and heart-opening  
virtue. Nourishing  
organic jojoba oil  
moisturises the skin  
durably.

75 ml

TONKA  
MOMENTS OF  
HAPPINESS  
SEA SALT BATH

A bath in a sea  
of lucky flowers  
conjures a smile on  
every face and ban-  
ishes any bad mood.  
The combination  
of purified sea salt  
from the Atlantic  
Ocean and natural  
essential oils is a  
blessing for the skin.  
The fragrance of  
tonka is an real soul  
charmer, inspiring  
and harmonising..

60 g

ORANGE  
LIGHT  
AROMA BLEND

Like a ray of sunlight  
that beams directly  
into the heart. The  
fresh, bitter-sweet  
natural aroamtic  
blend with orange  
blossom is a com-  
forting companion  
that lightens the  
mood and gives a  
very particular gloss  
to profane moments  
as well as to festive  
occasions.

5 ml

BERGAMOTTE  
JOY OF LIFE  
AROMA BLEND

A fragrance that  
gives your mood a  
gentle nudge - over  
to the bright side  
of life! Like a sun  
beam directly to the  
heart, the gentle,  
fruity-flowery  
natural aromatic  
blend cheers up the  
soul, makes you  
happy and lets dark  
thoughts fade away.  
Simple and pure joy  
of living!

5 ml

ANGELIKA  
COURAGE &  
STRENGTH  
AROMA BLEND

An angel at your  
side, that gives  
you courage and  
strength. Also called  
"Archangel" ange-  
lika, this slightly  
bitter, fresh and  
green smelling plant  
sets the tone in the  
natural aromatical  
blend and provides  
vitality, strenth and  
willpower. A pro-  
tection and strength  
provider for anxious  
and insecure  
persons.

5 ml



# TO BE PROTECTED



*It is sometimes necessary to secure our own personal space and keep stress from getting too close if we want to remain open to positive impulses and inspiring encounters.*

*Protection and dissociation from «energy thieves» are often a necessity, especially in social professions.*



## AURA PROTECTION ORGANIC AIR FRESHENER

Protection, cleansing and clarity. A fresh green balancing fragrant air freshener for whoever wishes a particular support in these areas. The essential oil of the Swiss stone pine gives grip and aplomb.

75 ml, 1000 ml

## AURA PROTECTING BUBBLE BATH

The invigorating and uplifting fragrance of the Swiss stone pine tree in unison with the soothing foam of the bathwater imparts a feeling of shelter. Negative energies can be shed in the fragrant water and resilience gathered – ready to face the challenges of everyday life.

75 ml

## ZIRBELKIEFER ELFIN FOREST AROMA BLEND

A gentle breeze is stirring through the sparse summer forest. Or could it be mythical creatures scurrying under the trees? The essential oil of the Swiss stone pine in this playful natural aroma blend evokes memories of relaxed forest walks, it wipes away unpleasant thoughts and cleanse the ambient air.

5 ml

## MANDARINE LITTLE PROTECTING STAR AROMA BLEND

Protected by your little star, you can fly to the sky in your dreams. This wonderful natural aromatic blend with the essential oil of mandarine is balancing and relaxing. Particularly convenient to fall asleep peacefully, enjoy sweet dreams and feel completely comfortable.

5 ml

## AURA PROTECTION AROMA BLENDG

Protection, cleansing and clarity. A fresh green balancing fragrance for whoever wishes a particular support in these areas. The essential oil of the Swiss stone pine brings grip and aplomb.

5 ml



# SLEEP WELL



*Had a good sleep?  
When body and mind do not find rest at night,  
the risk of an impaired state of health and general condition threatens at long term.  
With the reliable and gentle help of lavender  
you will enjoy deep relaxation and wake up feeling refreshed in the morning.*



EYES CLOSED  
AND AWAY



## LAVENDER GOOD NIGHT PILLOW SPRAY

*Let go of your thoughts and let the day go by, let yourself be carried into the realm of dreams. The gently flowery air freshener with its purple marvel is a true helper to all those wishing for a restful night.*

30 ml

## LAVENDER SLEEP WELL ORGANIC AIR FRESHENER

*Let go of the thoughts, let the day go by and allow yourself to be carried away into the realm of dreams. The gentle flowery air freshener with the lilac wonder is a true helper for those who long for a restful sleep.*

75 ml

## LAVENDER SLEEP WELL AROMA BLEND

*Let go of thoughts, let the day happen and let yourself be embraced by the soothing arms of a well-deserved relaxation. Like no other fragrance, the natural aromatic blend with lavender facilitates falling asleep and improves sleep quality. A true helper for all those who have problems with falling asleep and sleeping through the night.*

5 ml

## SLEEP WELL SET

*Neroli and lemon balm etc. let the mind come to rest reliably.*

**Contents:**  
Sleep Well, Good Night Pillow Stray, cotton bag with lavender flowers.

30 ml

# CONCENTRATION



*When focussing on a specific theme,  
the appropriate fragrance can give you the right impulse;  
it will support the mental work,  
relieve exhaustion, the lack of concentration and nervousness.*



## ROSMARIN EXAM FOCUS AROMA ROLL-ON

*Self-confident and straightforward, the essential oil of rosemary helps to focus, block out background noise and dedicate yourself to one theme. Especially in exams, this bitter herbaceous natural aromatic blend is a fragrant motivator that strengthens self-confidence and concentration, while bringing alertness and determination. Here we go!*

10 ml

## ROSMARIN CONCENTRATION AROMA BLEND

*The essential oils of this tangy, fresh natural aromatic blend facilitate mental work and support concentration. The rosemary essential oil relieves exhaustion, lack of concentration and nervousness. Ideal to keep on going in intensive learning phases and before or during exams.*

5 ml

## LIMETTE SOUTH WIND AROMA BLEND

*A fresh wind lift your spirits, provides inspiration and increases motivation. The natural aromatic blend with the essential oil of lime has a stimulating effect, also on communication. An invigorating companion for creative work and productive discussions.*

5 ml

# AROMA-YOGA



*Gently enveloped by sunny-fruity fragrances,  
feel the sound of the inner OM – a deep breath gifts you with pleasant relaxation  
and due balance, letting you enjoy peaceful moments or a soothing yoga practice.  
Namasté!*



## BENZOE SUN SALUTATION ORGANIC ROOM SPRAY

*Gently surrounded  
by a sunny and  
fruity fragrance, the  
inner OM resounds  
and deep breaths  
gift you a soothing  
relaxation and the  
necessary balance  
to enjoy peaceful  
moments or a bene-  
ficial yoga practice.  
Also recommended  
as a cleaning spray  
for your yoga mat.  
Namasté!*

75 ml

## BENZOE SUN SALUTATION ORGANIC BODY OIL

*Fragrant tender  
loving care by oiling  
after bath or shower  
or by a gentle (foot)  
massage, it will help  
to come down and  
find your center.  
Applied on a slightly  
moist skin, it is  
quickly absorbed and  
leaves a delightfully  
velvety feeling.*

75 ml

## BENZOE SUN SALUTATION AROMA BLEND

*Warm sunbeams and  
pleasant relaxation  
emanate from this  
fruity fragrance. Deep  
breaths gift you with  
harmony and the  
necessary balance  
to enjoy peaceful  
moments or and a  
beneficial yoga prac-  
tice. Namasté!*

5 ml

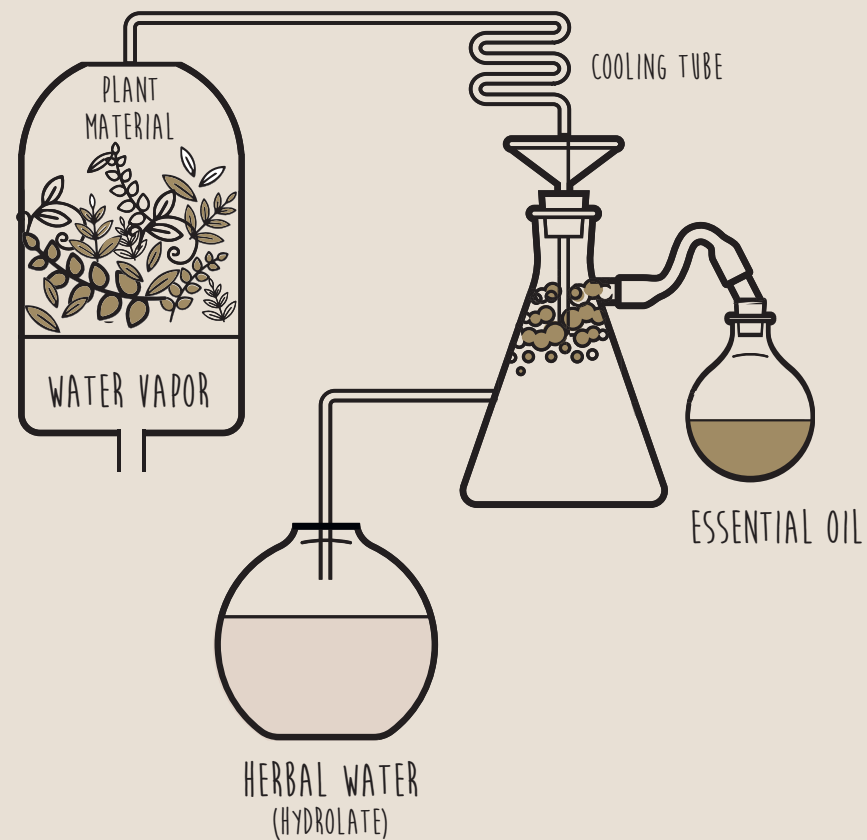


## ESSENTIAL OILS

*Essential oils have a holistic effect on people; they relax and brighten, improve concentration or help in getting a good sleep. Some of them are a veritable medicine chest. These little drops of concentrated herbal power are fascinating us. The knowledge of how the effect of all-natural essential oils on body and mind can be specifically used to improve health and wellbeing is contained in each of our products.*

*farfalla's essential oils are unadulterated, varietal, genuine natural products. They are obtained by steam distillation, cold pressing or extraction from large quantities of plant material. They come from long-standing cooperation with farming partners, mostly organic farming and organic wild collection.*

2  
individual



5 KG  
ROSE BLOSSOMS  
=

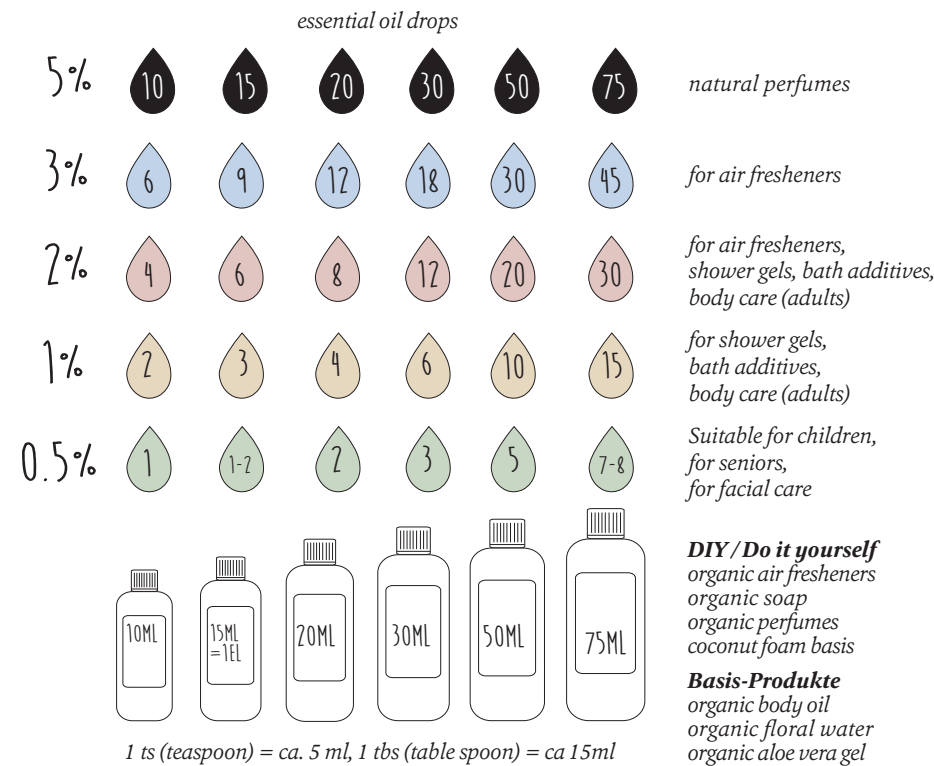
1 GRAM OF ROSE OIL





## HOW TO USE ESSENTIAL OILS AND FARFALLA AROMATIC BLENDS?

As room scenting, for skin care or as cosmetics additive, for inhalation. Always diluted, must never be applied undiluted on the skin and never be mixed with synthetic substances.



**AROMA LAMP (AND ATOMIZER):**  
1-5 drops (resp. according to directions for use)

**AROMA STONE:**  
ca. 10-15 drops

**ORGANIC AIR FRESHENER:**  
20-40 drops  
on 70 ml organic air freshener basis

**ORGANIC PERFUMES:**  
15-30 drops (Eau de Toilette)  
resp. 45-90 drops (Eau de Parfum)  
on 27 ml farfalla DIY organic perfume

**INHALATION:**  
1-3 drops per inhalation, depending on the intensity of the essential oil. Use sparingly, because intensive.

**SKIN CARE:**  
Essential oils must always be diluted when applied to the skin!

**SHOWER GEL:**  
0.5-1% dilution.  
20-40 drops in 200 ml  
coconut foam basic

**BATH, FOOTBATH:**  
4-10 drops per full bath. Since essential oils are not water-soluble, blend them beforehand with a natural emulsifier, e.g. liquid soap (farfalla coconut foam basis), cream or honey.

**MASSAGE, BODY CARE:**  
1-3% dilution.  
blend ca. 10-45 drops  
with 75 ml farfalla body oil.

**FACIAL CARE:**  
0,5% dilution  
blend 3 drops essential oil with  
30 ml organic body oil.

**AROMAPFLEGE:**  
1-3% dilution  
for local skin applications.

Special precautions apply to pregnant women, babies, the sick and epileptics. For further information, please refer to the specialized literature.

 **ANGELIKAROOT BIO**  
**TO BE PROTECTED**  
A strengthening "protection and power oil" for anxious persons.  
Bot. name: Angelica archangelica  
Quality: controlled organic farming  
Origin: France  
Extraction: steam distillation  
Plant part: Root  
Control: ECOCERT  
1 ml

 **ANIS BIO**  
**STAY HEALTHY**  
weet and fresh fragrance. Energising, strengthening, easing, warming.  
Bot. name: Pimpinella anisum  
Quality: controlled organic farming  
Origin: Egypt  
Extraction: steam distillation  
Plant part: Seed  
Control: CERES  
5 ml

 **ARABISCHE MINZE BIO (NANA)**  
**BE REFRESHED**  
For vitalising and refreshing when feeling weary and tired.  
Bot. name: Mentha viridis nana  
Quality: controlled organic farming  
Origin: Morocco  
Extraction: steam distillation  
Plant part: Herb  
Control: ECOCERT  
5 ml


 **BALMTANNE BIO**  
**STAY HEALTHY**  
To energise the room air. Improves concentration and brings clarity.  
Bot. name: Abies Balmea  
Quality: organic wild harvesting  
Origin: Canada  
Extraction: steam distillation  
Plant part: Branch/needle  
Control: ECOCERT  
5 ml

 **BASILIKUM BIO**  
**CONCENTRATION**  
Highly energising fragrance; helps concentration.  
Bot. name: Ocimum basilicum  
Quality: Biodynamic cultivation  
Origin: Egypt  
Extraction: steam distillation  
Plant part: Herb  
Control: DEMETER  
5 ml

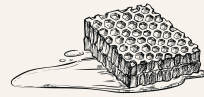
 **BENZOE RESINOID BIO**  
**50% COMFORT**  
(50% organic alcohol) Imparts comfort and warmth, a soul soother.  
Bot. name: Styrax tonkinensis  
Quality: organic wild harvesting  
Origin: Laos  
Extraction: Alcohol extraction  
Plant part: Resin  
Control: ECOCERT  
5 ml

 **BERGAMOTTE FURCUMARINARM BIO**  
**JOY OF LIFE**  
Makes you happy; refreshing, cheering and uplifting.  
Bot. name: Citrus aurant. bergamia  
Quality: controlled organic farming  
Origin: Italy  
Extraction: cold pressing  
Plant part: Shell  
Control: Suole & Salute  
5 ml

 **BERGAMOTTMINZE BIO**  
**GENTLY RELAXED**  
Refreshing, brightening, balancing..  
Bot. name: Mentha citrata var. citrata  
Quality: controlled organic farming  
Origin: India  
Extraction: steam distillation  
Plant part: Herb  
Control: ECOCERT  
5 ml

 **BERGAMOTTE**  
**JOY OF LIFE**  
Cheers up; refreshing, encouraging and raises the spirits.  
Bot. name: Citrus aurant. bergamia  
Quality: controlled organic farming  
Origin: Italy  
Extraction: cold pressing  
Plant part: Shell  
Control: Suole & Salute  
10 ml

**TIPS**  
- for relaxing after strenuous days, apply 1-2 drops on a handkerchief and place next to your pillow.  
- to **brighten** the mood



## BIENENCOMB EXTRAKT

COMFORT

Gentle honey fragrance. Lessens irritability, for a peaceful mood.

Bot. name: Apis Comb  
Quality: Selection (conventional)  
Origin: Laos  
Extraction: Alcohol extraction  
Plant part: Comb  
Control: farfalla-quality-control

5 ml



## CAJEPUT BIO

STAY HEALTHY

Typical winter oil for purifying and cleansing the room atmosphere.

Bot. name: Melaleuca leucadendron  
Quality: controlled organic farming  
Origin: Vietnam  
Extraction: steam distillation  
Plant part: Leaf/ branch  
Control: CERES

10 ml



## CHAMPACA 10%

(90% ALKOHOL)

COMFORT

Süss-zarter Blossomnduft. Sehr feminin, wirkt sinnlich und anziehend.

Bot. name: Michelia champaca  
Quality: Selection (conventional)  
Origin: India  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

5 ml



## CISTROSE BIO

JOY OF LIFE

Warm and spicy. Aphrodisiac, cheerful, harmonising, warming.

Bot. name: Cistus ladaniferus  
Quality: organic wild harvesting  
Origin: Spain  
Extraction: steam distillation  
Plant part: Herb  
Control: ECOCERT

5 ml



## ZITRONEN-EUKALYPTUS BIO

BE REFRESHED

Refreshing, strengthening, cleansing, fortifying. Promotes concentration.

Bot. name: Eucalyptus citriodora  
Quality: controlled organic farming  
Origin: Congo  
Extraction: steam distillation  
Plant part: Leaf/ branch  
Control: ECOCERT

10 ml



## FENCHEL SÜSS BIO

STAY HEALTHY

Sweet, anise-like scent. Fortifying, relaxing when stressed.

Bot. name: Foeniculum vulgare dulce  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: steam distillation  
Plant part: Seed  
Control: DEMETER

5 ml



## GRAPEFRUIT BIO

BE REFRESHED

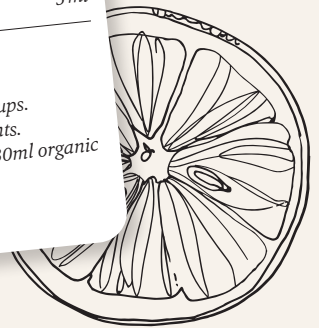
Refreshing and euphoriant. Imparts lightness and love of life.

Bot. name: Citrus x paradisi  
Quality: controlled organic farming  
Origin: Argentina  
Extraction: cold pressing  
Plant part: Shell  
Control: ECOCERT

5 ml

### TIPS & FORMULA

- as room scent at parties or in discussion groups.
- as an additive to cleaning and washing agents.
- 20 drops in 50ml organic jojoba oil plus 30ml organic Centella oil as smoothing massage oil.



## CITRONELLA BIO

BE REFRESHED

Refreshing, cleansing, cheering; keeps unbidden guests away.

Bot. name: Cymbopogon winterianus  
Quality: controlled organic farming  
Origin: Uganda  
Extraction: steam distillation  
Plant part: Grass  
Control: ECOCERT

10 ml



## COPAIVA-BALM

COMFORT

Sweetish balsamic scent. Harmonising and relaxing.

Bot. name: Copaifera officinalis  
Quality: Wild collection  
Origin: Brazil  
Extraction: steam distillation  
Plant part: Balm  
Control: farfalla-quality-control

5 ml



## EUKALYPTUS GLOBULUS BIO

STAY HEALTHY

Typical winter oil. Air purifying, refreshing, easing and stimulating.

Bot. name: Eucalyptus globulus  
Quality: organic wild harvesting  
Origin: Spain  
Extraction: steam distillation  
Plant part: Leaf/ branch  
Control: ECOCERT

10 ml

### TIPS & FORMULA

- protecting air freshener in the cold season
- for a strengthening rub, mix 2–3 drops of oil with organic jojoba oil and massage into chest and back (not for children under 6 years)



## FICHTENNADEL SIBIRIEN

STAY HEALTHY

A scent of fresh resin. Brightens up, fortifies, motivates to new actions.

Bot. name: Abies sibirica  
Quality: Wild collection  
Origin: Russia  
Extraction: steam distillation  
Plant part: Branch/needle  
Control: farfalla-quality-control

10 ml



## FRANGIPANI 20%

(80% ALKOHOL)

JOY OF LIFE

A sweet enticing blossom fragrance. Very feminine for a feeling of serenity and comfort.

Bot. name: Plumeria alba  
Quality: Selection (conventional)  
Origin: India  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

5 ml



## GRAPEFRUIT FURCUMARINARM BIO

BE REFRESHED

Refreshing and elating. Imparts lightness and love of life

Bot. name: Citrus x paradisi  
Quality: controlled organic farming  
Origin: Argentina  
Extraction: cold pressing  
Plant part: Shell  
Control: ECOCERT

5 ml



## HOWOOD BIO

GENTLY RELAXED

Gentle powdery fragrance. Harmonising and relaxing.

Bot. name: Cinnamomum camphora  
Quality: controlled organic farming  
Origin: China  
Extraction: steam distillation  
Plant part: Branches  
Control: CERES

5 ml



## DOUGLASIE (FICHTE) BIO

BE REFRESHED

Very refreshing for vitalising the indoor air and in the car. A good companion for learning.

Bot. name: Pseudotsuga menziesii  
Quality: organic wild harvesting  
Origin: France  
Extraction: steam distillation  
Plant part: Branch/needle  
Control: ECOCERT

5 ml



## EUKALYPTUS RADIATA BIO

STAY HEALTHY

Good winter and sauna oil. Refreshing, easing, air purifying.

Bot. name: Eucalyptus radiata  
Quality: organic wild harvesting  
Origin: Australia  
Extraction: steam distillation  
Plant part: Leaf/ branch  
Control: NASAA

5 ml



## IMMORTELLE BIO

GENTLY RELAXED

Tarty-warm scent. Warming, radiant, strengthening.

Bot. name: Helichrysum italicum  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: steam distillation  
Plant part: Herb  
Control: DEMETER

1 ml



## IMMORTELLE BIO 50%

GENTLY RELAXED

With 50% organic alcohol. Warming, radiant, protecting, strengthening.

Bot. name: Helichrysum italicum  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: steam distillation  
Plant part: Herb  
Control: DEMETER

5 ml



## INGWER BIO

BE REFRESHED

Fresh, aromatically spicy scent. Very warming, stimulating and strengthening.

Bot. name: Zingiber officinale  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: steam distillation  
Plant part: Root  
Control: ECOCERT/ESR FairTrade

5 ml



## IRIS 1%

(99% BIO-ALKOHOL)

COMFORT

Powdery and feminine fragrance. Inspiring, regaling, aphrodisiac.

Bot. name: Iris pallida  
Quality: Selection (conventional)  
Origin: France  
Extraction: steam distillation  
Plant part: Root  
Control: farfalla-quality-control

5 ml





## JASMIN ÄGYPTEN

COMFORT

Sweet and flowery fragrance. Regaling, sensual, relaxing, aphrodisiac.

Bot. name: Jasminum grandiflorum  
Quality: Selection (conventional)  
Origin: Egypt  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

1 ml



## JASMIN ÄGYPTEN 5%

COMFORT

With 95% alcohol. Regaling, sensual, relaxing, aphrodisiac.

Bot. name: Jasminum grandiflorum  
Quality: Selection (conventional)  
Origin: Egypt  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

5 ml



## JASMIN INDIEN

COMFORT

Sweet and flowery fragrance. Regaling, sensual, relaxing, aphrodisiac.

Bot. name: Jasminum grandiflorum  
Quality: Selection (conventional)  
Origin: India  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

1 ml



## JASMIN SAMBAC

COMFORT

Sweet, flowery and radiant fragrance. Relaxing, feminine, aphrodisiac.

Bot. name: Jasminum sambac  
Quality: Selection (conventional)  
Origin: China  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

1 ml



## KAKAO-EXTRAKT BIO

COMFORT

Typical cocoa scent. Soothing, relaxing, harmonising.

Bot. name: Theobroma cacao  
Quality: controlled organic farming  
Origin: Tanzania  
Extraction: Alcohol extraction  
Plant part: Fruit  
Control: ECOCERT

5 ml



## KAMILLE BLAU BIO

GENTLY RELAXED

Skin caring, soothing, harmonising, relaxing, easing.

Bot. name: Chamomilla recutita  
Quality: controlled organic farming  
Origin: Egypt  
Extraction: water vapor-Destillation  
Plant part: Blossom  
Control: CERES

1 ml



## KAMILLE RÖMISCH BIO

GENTLY RELAXED

Relaxing, harmonising, luminous, radiant, comforting.

Bot. name: Chamaemelum nobile  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: water vapor-Destillation  
Plant part: Blossom  
Control: DEMETER

1 ml



## KAMILLE RÖMISCH SCHWEIZ

GENTLY RELAXED

Relaxing, harmonising, luminous, radiant, comforting.

Bot. name: Chamaemelum nobile  
Quality: Selection (conventional)  
Origin: Switzerland  
Extraction: steam distillation  
Plant part: Blossom  
Control: farfalla-quality-control

5 ml



## KARDAMOM BIO

CONCENTRATION

Powerful, warm and spicy fragrance. Warming, stimulating, aphrodisiac.

Bot. name: Elettaria cardomum  
Quality: controlled organic farming  
Origin: Guatemala  
Extraction: steam distillation  
Plant part: Seed  
Control: ECOCERT

5 ml



## KAROTTENSEED BIO

GENTLY RELAXED

Firming and nourishing for mature skin. Warming, harmonising.

Bot. name: Daucus carota  
Quality: controlled organic farming  
Origin: Egypt  
Extraction: steam distillation  
Plant part: Seed  
Control: CERES

5 ml



## KIEFERNNADEL BIO

BE REFRESHED

Refreshing and balsamic scent. Stimulating, strengthening, air purifying.

Bot. name: Pinus sylvestris  
Quality: organic wild harvesting  
Origin: France  
Extraction: water vapor-Destillation  
Plant part: Branch/needle  
Control: ECOCERT

5 ml



## KORIANDERSEED BIO

GENTLY RELAXED

Warm and powdery scent. Relaxing, strengthening, harmonising.

Bot. name: Coriandrum sativum  
Quality: Biodynamic cultivation  
Origin: Egypt  
Extraction: steam distillation  
Plant part: Seed  
Control: DEMETER

5 ml



## LATSCHENKIEFER BIO

STAY HEALTHY

Resinous scent with wood notes. Invigorating, strengthening, protecting, air purifying.

Bot. name: Pinus mugo pumillo  
Quality: organic wild harvesting  
Origin: Austria  
Extraction: steam distillation  
Plant part: Branch/needle  
Control: AUSTRIA BIO GARANTIE

5 ml



## LAVANDIN SUPER BIO

GENTLY RELAXED

Stimulating, strengthening, air purifying. Helps concentration.

Bot. name: Lavandula hybrida super  
Quality: controlled organic farming  
Origin: Spain  
Extraction: steam distillation  
Plant part: Panicles  
Control: ECOCERT

10 ml



## SPEIKLAVENDEL BIO

STAY HEALTHY

Fresh, light camphor scent. Strengthening, easing.

Bot. name: Lavandula latifolia  
Quality: controlled organic farming  
Origin: Spain  
Extraction: steam distillation  
Plant part: Panicles  
Control: ECOCERT

5 ml



## LAVENDEL FEIN BIO & LAVENDEL FEIN BIO (DEMETER)

GENTLY RELAXED

Relaxing, balancing, harmonising. For a good sleep.

Bot. name: Lavandula angustifolia  
Quality: controlled organic / Biodynamic cultivation  
Origin: France / Italien  
Extraction: steam distillation  
Plant part: Panicles  
Control: ECOCERT / DEMETER

10 ml

## FORMULA

For a relaxing sleep-well bad, mix 4 drops of lavender with 2 drops of rose geranium and 2 drops of bergamot with 3 tbs. coconut foam basis, honey or cream and pour into the bath water.



## WILDER BERGLAVENDEL BIO

GENTLY RELAXED

Relaxing, balancing, harmonising. For a good sleep.

Bot. name: Lav. angustifolia ssp. ang.  
Quality: organic wild harvesting  
Origin: France  
Extraction: steam distillation  
Plant part: Panicles  
Control: ECOCERT

5 ml



## LIMETTE BIO

BE REFRESHED

Refreshing, encouraging, cheering. Helps concentration.

Bot. name: Citrus aurantifolia  
Quality: controlled organic farming  
Origin: Brazil  
Extraction: cold pressing  
Plant part: Shell  
Control: Lacon

5 ml



## LITSEA CUBEBA BIO

BE REFRESHED

Refreshing, inspiring, activating, cheering, air purifying.

Bot. name: Litsea cubeba  
Quality: controlled organic farming  
Origin: Vietnam  
Extraction: steam distillation  
Plant part: Branch  
Control: CERES

10 ml



## LORBEER BIO

STAY HEALTHY

Inspiring, uplifting, stimulating, fosters creative work.

Bot. name: Laurus nobilis  
Quality: organic wild harvesting  
Origin: France  
Extraction: steam distillation  
Plant part: Branch  
Control: ECOCERT

5 ml



## LEMONGRASS BIO

BE REFRESHED

Cleansing, refreshing, enhance concentration. Insects do not like this scent.

Bot. name: Cymbopogon citratus  
Quality: controlled organic farming  
Origin: India/Madagaskar  
Extraction: steam distillation  
Plant part: Grass  
Control: ECOCERT/ESR FairTrade

10 ml

## TIPS

- to keep you awake on a long car trip//drive, sprinkle a few drops of lemongrass on the aroma stone
- combined with a drop of lavender or of tea tree in the aroma lamp, it keeps away annoying insects as well as pathogenic germs.



## MANDARINE ROT BIO

### JOY OF LIFE

Refreshing, cheerful, brightening, regaling, soothing.

Bot. name: Citrus reticulata  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: cold pressing  
Plant part: Shell  
Control: DEMETER

10 ml

### TIPPS

– before bedtime, make a short and sweet **scenting of the children's room** and the little ones will sleep cosily (use a small dose only, activate shortly and then remove the aroma lamp from the room)

## MELISSE 10% BIO

### GENTLY RELAXED

Refreshing, relaxing, protecting, strengthening, harmonising.

Bot. name: Melissa officinalis  
Quality: controlled organic farming  
Origin: France/Ungarn  
Extraction: steam distillation  
Plant part: Herb  
Control: ECOCERT/BK Hungaria

5 ml

### TIPS

– electively used and strongly diluted, melissa is unbeatable in cases of unpleasant and recurrent **blisters around the lips**

## LOVE IN A MIST

### (JUNGER IN GRÜN)

### TO BE PROTECTED

Warm and relaxing soft-green fragrance. Bright and regaling.

Bot. name: Nigella damascena  
Quality: Selection (conventional)  
Origin: France  
Extraction: Solvent extraction  
Plant part: Seed  
Control: rückstandskontrolliert

1 ml

## MAJORAN BIO

### GENTLY RELAXED

Warming, relaxing, easing, calming, soothing.

Bot. name: Origanum majorana  
Quality: Biodynamic cultivation  
Origin: Egypt  
Extraction: steam distillation  
Plant part: Herb  
Control: DEMETER

5 ml

## MANDARINE GRÜN BIO

### BE REFRESHED

Refreshing, vitalising, cheerful, brightening, air purifying.

Bot. name: Citrus reticulata  
Quality: Biodynamic cultivation  
Origin: Egypt  
Extraction: cold pressing  
Plant part: Shell  
Control: DEMETER

10 ml

## MANUKA

### STAY HEALTHY

Strengthening, relaxing, centering, protecting, helps concentration.

Bot. name: Leptospermum scoparium  
Quality: Wild collection  
Origin: New Zealand  
Extraction: steam distillation  
Plant part: Feaf  
Control: farfalla-quality-control

5 ml

## MELISSE BIO

### GENTLY RELAXED

Refreshing, relaxing, protecting, strengthening, harmonising.

Bot. name: Melissa officinalis  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: steam distillation  
Plant part: Herb  
Control: DEMETER

1 ml

## MIMOSE 20%

### (80 % ALKOHOL)

### COMFORT

Soul soother, harmonising, regaling, cheerful, strengthening.

Bot. name: Acacia decurrens  
Quality: Selection (conventional)  
Origin: France  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

5 ml

## MUSKATELLERSALBEI BIO

### GENTLY RELAXED

Euphoriant, aphrodisiac, feminine, relaxing.

Bot. name: Salvia sclarea  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: steam distillation  
Plant part: Herb  
Control: DEMETER

5 ml

## MYRRHE 80% BIO

### (20 % ALKOHOL)

### STAY HEALTHY

Harmonising, strengthening, vitalising, air purifying.

Bot. name: Commiphora molmol  
Quality: controlled organic farming  
Origin: Somalia  
Extraction: steam distillation  
Plant part: Resin  
Control: ECOCERT

5 ml

## MYRTE BIO

### STAY HEALTHY

Air purifying, easing, radiant, strengthening, for a good room atmosphere.

Bot. name: Myrtus communis  
Quality: Biodynamic cultivation  
Origin: France  
Extraction: steam distillation  
Plant part: Branch  
Control: DEMETER

5 ml

## NELKENKNOSPE BIO

### CONCENTRATION

Spicy-warm fragrance. Warming, inspiring, stimulating.

Bot. name: Syzygium aromaticum  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: steam distillation  
Plant part: Bud  
Control: ECOCERT/ESR FairTrade

5 ml

## NEROLI 10% BIO

### (90% ALKOHOL)

### GENTLY RELAXED

Flowery sweet fragrance. Relaxing, protecting, aphrodisiac, strengthening.

Bot. name: Citrus aurantium ssp. aur.  
Quality: Selection (conventional)  
Origin: Morocco  
Extraction: steam distillation  
Plant part: Blossom  
Control: farfalla-quality-control

5 ml

## ORANGE SÜSS BIO

### BE REFRESHED

Refreshing, cheerful, uplifting, radiant.

Bot. name: Citrus sinensis  
Quality: controlled organic farming  
Origin: Argentina  
Extraction: cold pressing  
Plant part: Shell  
Control: ECOCERT

10 ml

## NEROLI (ORANGENBLOSSOM) BIO

### GENTLY RELAXED

Sweet flowery fragrance. Relaxing, protecting, aphrodisiac, strengthening.

Bot. name: Citrus aurantium ssp. aur.  
Quality: Biodynamic cultivation  
Origin: Egypt  
Extraction: steam distillation  
Plant part: Blossom  
Control: DEMETER

1 ml, 5 ml

### FORMULA

A rescue oil for tense life situations: apply 3 drops straight on inhaler stick or aroma lamp, or 2 drops combined with 1 drop of Roman chamomile

## NIAOULI BIO

### STAY HEALTHY

Refreshing, easing, stimulating, air purifying, typical winter oil.

Bot. name: Melaleuca viridiflora  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: steam distillation  
Plant part: Branch  
Control: ECOCERT

10 ml

## BLUTORANGE BIO

### BE REFRESHED

Refreshing, cheerful, uplifting, radiant.

Bot. name: Citrus sinensis ssp. sang.  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: cold pressing  
Plant part: Shell  
Control: DEMETER

10 ml

## ORANGE BITTER BIO

### JOY OF LIFE

Fruity, sunny scent. Cheering, radiant, harmonising.

Bot. name: Citrus aurantium amara  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: cold pressing  
Plant part: Shell  
Control: DEMETER

5 ml

## OSMANTHUS 5%

### (95% ALKOHOL)

### JOY OF LIFE

Fruity, peach-like fragrance. Radiant, aphrodisiac, harmonic.

Bot. name: Osmanthus fragrans  
Qualität: Absolue  
Origin: China  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

5 ml



## PALMAROSA BIO

### GENTLY RELAXED

Sweet-flowery, fresh scent.  
Harmonizing and relaxing.

Bot. name: Cymbopogon martinii  
Quality: controlled organic farming  
Origin: Uganda  
Extraction: steam distillation  
Plant part: Grass  
Control: ECOCERT

5 ml



## PATCHOULI BIO

### GENTLY RELAXED

Mysterious, sweet earthy scent.  
Harmonizing, relaxing.

Bot. name: Pogostemon cablin  
Quality: controlled organic farming  
Origin: India  
Extraction: steam distillation  
Plant part: Leaf  
Control: ECOCERT

5 ml



## PETITGRAIN BIGARADE BIO

### BE REFRESHED

Refreshing, invigorating, stimulating,  
harmonizing, vitalizing.

Bot. name: Citrus aurantium ssp. aur.  
Quality: controlled organic farming  
Origin: Paraguay  
Extraction: steam distillation  
Plant part: Leaf/ branch  
Control: ECOCERT

5 ml



## PFEFFER ROSA BIO

### STAY HEALTHY

Warming, invigorating, stimulating,  
Air purifying, for stimulating  
massages.

Bot. name: Schinus terebinthifolius  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: steam distillation  
Plant part: Fruit  
Control: ECOCERT/ESR FairTrade

5 ml



## PFEFFER SCHWARZ BIO

### CONCENTRATION

Warm aromatic scent.  
Warming, stimulating, aphrodisiac.

Bot. name: Piper nigrum  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: steam distillation  
Plant part: Fruit  
Control: ECOCERT/ESR FairTrade

5 ml



## ROSE ABSOLVE

### TO BE PROTECTED

Warmer Rosenduft. Sinnlich, harmonisierend, feminin, verwöhnend.

Bot. name: Rosa Damascena  
Quality: Selection (conventional)  
Origin: Morocco  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

1 ml



## ROSE BULGARIEN 10%

### COMFORT

Harmonising, balancing, feminine,  
aphrodisiac, regaling.

Bot. name: Rosa damascena  
Quality: Selection (conventional cultivation)  
Origin: Bulgaria  
Extraction: steam distillation  
Plant part: Blossom  
Control: farfalla-quality-control

5 ml

### TIPPS & REZEPT

- **in case of sorrow and worry**: mix 1-2 drops of 10% rose oil with 1 tsp of organic almond oil and gently rub in chest area
- for **sinnliches Körperöl**, mix 80ml of organic jojoba oil with 4 drops of bergamot and 2 drops of 10% rose oil



## ROSE PERSIEN BIO 10%

### JOY OF LIFE

Warm rose fragrance. Sensual,  
harmonising, feminine, regaling.

Bot. name: Rosa damascena  
Quality: controlled organic farming  
Origin: Iran  
Extraction: steam distillation  
Plant part: Blossom  
Control: Soil Assoc. GB

1 ml, 5 ml



## ROSE BULGARIEN

### COMFORT

Harmonising, balancing,  
feminine, aphrodisiac, regaling.

Bot. name: Rosa damascena  
Quality: Selection (conv. cultivation)  
Origin: Bulgaria  
Extraction: steam distillation  
Plant part: Blossom  
Control: farfalla-quality-control

1 ml



## PFEFFERMINZE BIO

### BE REFRESHED

Very refreshing, radiant, air purifying,  
helps concentration.

Bot. name: Mentha piperita  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: steam distillation  
Plant part: Herb  
Control: DEMETER

10 ml

### TIPS & FORMULA

- for a good belly feeling after a rich meal, mix 1 drop of peppermint oil in a tsp of organic almond oil and gently massage the belly.
- massaging the same mixture to temples and neck **helps** releasing tensions and makes a clear head



## RAVINTSARA BIO

### STAY HEALTHY

Refreshing, vitalising, strengthening,  
protecting, air purifying.

Bot. name: Cinnamomum camphora  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: steam distillation  
Plant part: Leaf/ branch  
Control: ECOCERT/ESR FairTrade

5 ml

### TIPPS

- when everyone in the office or at home has a cold, set up a fragrance lamp with 3 drops Ravintsara
- with signs of winter ailments, sniff the vial



## MAIROSE

### JOY OF LIFE

Warm rose fragrance. Sensual,  
harmonising, feminine, regaling.

Bot. name: Rosa centifolia  
Quality: Selection (conventional)  
Origin: Morocco  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

1 ml



## ROSEGERANIE BOURBON BIO

### JOY OF LIFE

Balancing, relaxing, harmonising,  
protecting, feminine.

Bot. name: Pelargonium x asperum  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: steam distillation  
Plant part: Herb  
Control: ECOCERT/ESR FairTrade

5 ml

### FORMULA

- when **letting go is hard and sleep-stealing**, gently rub tummy and lumbar region with 2 drops mixed with one tsp of organic almond oil



## ROSMARIN CINEOL BIO

### STAY HEALTHY

Very stimulating, strengthening, vitalising.  
Fosters concentration.

Bot. name: Rosmarinus officinalis  
Quality: organic wild harvesting  
Origin: Spain  
Extraction: steam distillation  
Plant part: Leaf/ branch  
Control: ECOCERT

10 ml

### TIPS & FORMULA

- **s a stimulant, add 1-2 drops of rosemary to your morning shower gel or body oil**
- after practicing sport, it regenerates on stressed muscles when added to a massage oil, combined with black pepper, lavender, marjoram or juniper





### SALBEI BIO STAY HEALTHY

Strengthening, releasing, feminine.  
Do not use during pregnancy!

Bot. name: *Salvia officinalis*  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: steam distillation  
Plant part: Herb  
Control: DEMETER

5 ml



### SALBEI KLEINBLÄTTRIG (KETONARM) BIO\* STAY HEALTHY

With low ketone content.  
Strengthening, releasing, feminine.

Bot. name: *Salvia officinalis*  
Quality: controlled organic farming  
Origin: France  
Extraction: steam distillation  
Plant part: Herb  
Control: ECOCERT

5 ml



### SANDELWOOD MYSORE COMFORT

Relaxing, protective, pampering,  
aphrodisiac, harmonizing.

Bot. name: *Santalum album*  
Quality: Wild collection  
Origin: India  
Extraction: steam distillation  
Plant part: Wood  
Control: farfalla-quality-control

5 ml



### SANDELWOOD SÜDSEE COMFORT

Relaxing, protective, pampering,  
aphrodisiac, harmonizing.

Bot. name: *Santalum austrocaledonicum*  
Quality: Wild collection  
Origin: Caledonia  
Extraction: steam distillation  
Plant part: Wood  
Control: farfalla-quality-control

5 ml



### TOLU-BALM 50% (50% ALKOHOL) COMFORT

Radiant, harmonising, relaxing,  
aphrodisiac, balmy.

Bot. name: *Myroxylon Balmum*  
Quality: Selection (conventional)  
Origin: Colombia  
Extraction: Alcohol extraction  
Plant part: Balm  
Control: farfalla-quality-control

5 ml



### TONKABOHNE 30% BIO (70% ALKOHOL) COMFORT

Warming, uplifting,  
regaling, cheering.

Bot. name: *Dipteryx odorata*  
Quality: controlled organic farming  
Origin: Venezuela  
Extraction: Alcohol extraction  
Plant part: Bohne  
Control: ECOCERT

5 ml



### VANILLE-EXTRAKT BIO COMFORT

Regaling, cheering, uplifting, comforting,  
harmonising.

Bot. name: *Vanilla planifolia*  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: Alcohol extraction  
Plant part: Schote  
Control: ECOCERT

5 ml

#### TIPS

- gives especially to children a feeling of comfort and warmth and helps them to sleep blissfully and calmly
- as a room scent or cosmetic additive in a body oil, helps to moderate the appetite and above all cravings for sweets



### TEEBAUM BIO "BUSH-OIL" STAY HEALTHY

Tarty-fresh scent. Air purifying, strengthening,  
skin-caring.

Bot. name: *Melaleuca alternifolia*  
Quality: organic wild harvesting  
Origin: Australia  
Extraction: steam distillation  
Plant part: Branch  
Control: NASAA

5 ml, 10 ml

#### RECIPE

- for healthy gums, mouth and throat, mix 1 drop of tea tree oil with a glass of water, gargle with the mixture and spit out.



### THYMIAN LINALOOL BIO STAY HEALTHY

Mild thyme. Air purifying, stimulating,  
strengthening, easing.

Bot. name: *Thymus vulgaris*  
Quality: organic wild harvesting  
Origin: Spain  
Extraction: steam distillation  
Plant part: Herb  
Control: ECOCERT

5 ml

#### TIPPS & RECIPE

- inhale on winter ailments
- for free breathing mix 2 drops on 10 ml of organic almond oil and rub on the breast area at bedtime.



### SCHAFGARBE BIO STAY HEALTHY

Warm-dry scent. Relaxing,  
harmonizing, invigorating.

Bot. name: *Achillea millefolium*  
Quality: controlled organic farming  
Origin: France  
Extraction: steam distillation  
Plant part: Herb  
Control: ECOCERT

1 ml



### THYMIAN THYMOL BIO STAY HEALTHY

Starker Thymian. Stärkend, anregend,  
luftreinigend.

Bot. name: *Thymus vulgaris*  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: steam distillation  
Plant part: Herb  
Control: DEMETER

5 ml



### TUBEROSE 5% (95% ALKOHOL) JOY OF LIFE

Flowery-powdery fragrance. Very  
feminine, enticing, regaling, radiant.

Bot. name: *Polianthes tuberosa*  
Quality: Selection (conventional)  
Origin: India  
Extraction: Solvent extraction  
Plant part: Blossom  
Control: rückstandskontrolliert

5 ml



### VEILCHENBLÄTTER 20% (80% ALKOHOL) COMFORT

Green and slightly grassy scent. Opti-  
mistic, harmonising.

Bot. name: *Viola odorata*  
Quality: Selection (conventional)  
Origin: Egypt  
Extraction: Solvent extraction  
Plant part: Feaf  
Control: rückstandskontrolliert

5 ml



### VERBENA BIO JOY OF LIFE

Fresh, lemony-herbaceous scent.  
Stimulating, refreshing, cheerful.

Bot. name: *Lippia citriodora*  
Quality: controlled organic farming  
Origin: Morocco  
Extraction: steam distillation  
Plant part: Herb  
Control: ECOCERT

1 ml



### VERBENA GRASSE BE REFRESHED

Brightening, refreshing, vitalising.

Bot. name: *Lippia citriodora* /  
*Litsea Cubeba*  
Quality: Selection (conventional)  
Origin: France  
Extraction: steam distillation  
Plant part: Feaf  
Control: farfalla-quality-control

10 ml



### VETIVER 80% BIO (20% ALKOHOL) GENTLY RELAXED

A mysterious warm and earthy scent.  
Grounding, strengthening, relaxing.

Bot. name: *Vetiveria zizanoides*  
Quality: controlled organic farming  
Origin: Madagascar/India  
Extraction: steam distillation  
Plant part: Root  
Control: ECOCERT/ESR FairTrade

5 ml



### WACHOLDERBEERE BIO STAY HEALTHY

Fresh green gin scent. Stimulating,  
strengthening, cleansing.

Bot. name: *Juniperus communis*  
Quality: organic wild harvesting  
Origin: France  
Extraction: steam distillation  
Plant part: Fruit/branch  
Control: ECOCERT

5 ml



## WEIHRAUCH ARABIEN (OLIBANUM) BIO

TO BE PROTECTED

Clear, resinous scent. Relaxing, strengthening, protecting, air purifying.

Bot. name: Boswellia carterii  
Quality: organic wild harvesting  
Origin: Somalia  
Extraction: steam distillation  
Plant part: Resin  
Control: ECOCERT

5 ml

### TIPPS

- as a gentle room scent to support meditation
- for **cleaning the atmosphere** when changing residence and in case of bad vibrations



## WEIHRAUCH INDIEN BIO

GENTLY RELAXED

Fresh, light scent. Relaxing, invigorating, protective, purifying air.

Bot. name: Boswellia serrata  
Quality: organic wild harvesting  
Origin: India  
Extraction: steam distillation  
Plant part: Resin  
Control: CERES

5 ml



## WEISSTANNE BIO

JOY OF LIFE

Fresh, resinous forest fragrance. Very vitalising, invigorating, stimulating.

Bot. name: Abies alba  
Quality: controlled organic farming  
Origin: France  
Extraction: steam distillation  
Plant part: Branch/needle  
Control: ECOCERT

5 ml



## WINTERGRÜN BIO

STAY HEALTHY

Ideal for massages after sports and for sore muscles.

Bot. name: Gaultheria fragrantissima  
Quality: controlled organic farming  
Origin: Nepal  
Extraction: steam distillation  
Plant part: Leaf  
Control: ECOCERT

5 ml



## YLANG YLANG COMPLET BIO

GENTLY RELAXED

Radiant, relaxing, aphrodisiac, pampering, euphoric.

Bot. name: Cananga odorata  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: steam distillation  
Plant part: Blossom  
Control: ECOCERT/ESR FairTrade

5 ml



## HIMALAJA-ZEDER

TO BE PROTECTED

Protective, warming, invigorating, keeps off uninvited guests.

Bot. name: Cedrus deodara  
Quality: Wild collection  
Origin: India  
Extraction: steam distillation  
Plant part: Wood  
Control: farfalla-quality-control

5 ml



## ZEDERNWOOD ROT (VIRGINIAZEDER)

CONCENTRATION

Strengthening, stimulating, masculine, keeps uninvited guests off.

Bot. name: Juniperus virginiana  
Quality: Wild collection  
Origin: USA  
Extraction: steam distillation  
Plant part: Wood  
Control: farfalla-quality-control

10 ml



## ZIRBELKIEFER BIO (ARVE)

TO BE PROTECTED

Strengthening, air purifying, constructive, stimulating, protecting.

Bot. name: Pinus cembra  
Quality: organic wild harvesting  
Origin: Austria  
Extraction: steam distillation  
Plant part: Branch  
Control: AUSTRIA BIO GARANTIE

5 ml

### FORMULA

For a strengthening, stimulating and protecting (winter) bath, mix 3–5 drops essential oil Swiss stone pine with 3 tbs. coconut foam base (liquid soap) and add to bath water.



## ATLASZEDER BIO

GENTLY RELAXED

Protecting, harmonising, warming, strengthening, masculine.

Bot. name: Cedrus atlantica  
Quality: organic wild harvesting  
Origin: Morocco  
Extraction: steam distillation  
Plant part: Wood  
Control: ECOCERT

5 ml



## ZEDRAT (UR-ZITRONE)

JOY OF LIFE

Cheerful, brightening, radiant, vitalising, air purifying.

Bot. name: Citrus medica  
Quality: Selection (conventional)  
Origin: Italy  
Extraction: cold pressing  
Plant part: Shell  
Control: farfalla-quality-control

10 ml



## ZITRONE BIO

BE REFRESHED

Refreshing, cheerful, air purifying. Fosters concentration.

Bot. name: Citrus limon  
Quality: Biodynamic cultivation  
Origin: Italy  
Extraction: cold pressing  
Plant part: Shell  
Control: DEMETER

10 ml

### FORMULA

When a frog sits in the throat or announces itself, Mix 2 drops of lemon in 4 tablespoons of salt (shake well in a small screw-cap-bottle); Add 1/2 teaspoon of lemon salt to half a glass of lukewarm water and gargle with it, then spit it out.



## ZIMTRINDE BIO

JOY OF LIFE

Warming, stimulating, strengthening, comforting, relaxing, festive.

Bot. name: Cinnamom. ceylanicum  
Quality: controlled organic farming  
Origin: Madagascar  
Extraction: steam distillation  
Plant part: Rinde  
Control: ECOCERT/ESR FairTrade

5 ml



## ZITRONE FURCUMARINARM BIO

BE REFRESHED

Refreshing, cheerful, air purifying, promoting concentration.

Bot. name: Citrus limon  
Quality: controlled organic farming  
Origin: Italy  
Extraction: cold pressing  
Plant part: Shell  
Control: ECOGRUPPO

5 ml



## ZITRONENMYRTE

STAY HEALTHY

Lemony-fresh scent relaxing to activating.

Bot. name: Backhousia citriodora  
Quality: controlled organic farming  
Origin: Australia  
Extraction: steam distillation  
Plant part: Blätter  
Control: ECOCERT

5 ml



## ZYPRESSE

TO BE PROTECTED

Erecting, centering, strengthening, structuring, clarifying.

Bot. name: Cupressus sempervirens  
Quality: controlled organic farming  
Origin: Spain  
Extraction: steam distillation  
Plant part: Branch  
Control: ECOCERT

5 ml



# FULL DECLARATION ON LABELS



GHS hazard symbols



Health warnings according to chemicals legislation (GHS/CLP system)

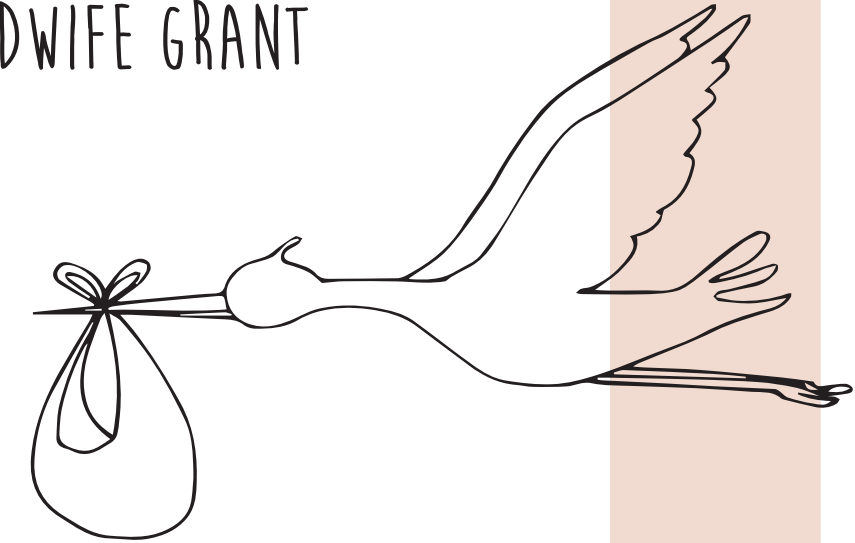


Declaration of active ingredients

- quality indication
- botanical plant name
- indication of plant part
- extraction process
- country of origin
- use-by-date / batch
- quantity per unit

Purity / Quality guarantee  
Area of application  
EG nr./allergies information if applicable  
BAGT nr. (Switzerland)  
- organic certification (Switzerland)

# THE FARFALLA MIDWIFE GRANT



We give babies  
all over the world a healthy start in life –  
[www.followthebutterfly.com](http://www.followthebutterfly.com)

When we hear stories of women working for our cooperatives in Madagascar we realise what is behind the naked figures. In many developing countries almost 1 in 100 mothers still die at birth and often the baby too. Siblings survive without a mother.

In Europe the mortality rate has been greatly reduced thanks to the professional care of the mothers during pregnancy, among other things by well-trained midwives. Still now 1 woman dies out of 10000 at birth. This is a 100 times smaller

risk than in the Sahel. The reason: there are not enough midwives in the poorest countries of the world. Especially in rural areas there are no prenatal check-ups for the women and they give birth without any medicinal assistance. A skilled midwife could take care of about 500 pregnancies from the beginning. The survival rate of mother and child could be decisively increased by early diagnosis of complications as well as professional care during and after birth.

We have founded the farfalla midwife grant in order to reduce the maternal mortality rate in the poorest countries of the world in a tangible and direct way. With every farfalla product sold a midwife's training for several years is financed in especially affected countries. This midwife takes care of mothers and their babies before, during and after the birth. For a healthy start in life – all over the world.



## 3

Extra care

## ORGANIC OILS

Superfood for your skin. Cold-pressed plant oils, either used for daily care or as an active boost according to your needs, can even balance complicated skin conditions. Applied on your moistened skin they are quickly absorbed, resulting in a silky, nourished feeling. From A for Argan (Fairtrade) to W for Wild rose – there is an oil (or two or three) for every skin type and even the hair.



Certified organic natural cosmetic (Natrue)

## TRIO FOR THE INDIVIDUAL CARE

What does your skin need today? Our daily form fluctuates on a daily basis and likewise our skincare needs may vary daily. Put an extra helping of farfalla care systems active plant ingredients in the palm of your hand each day to give your skin exactly what does it good.

## ORGANIC HYDROSOLS

Long forgotten as home remedies and in the aroma care, the hydrosols have always played an important active part in natural cosmetics. It is time that we begin to celebrate the fantastic range of uses for individual care to be discovered in these active plant ingredients dissolved in water.

farfalla organic floral waters are genuine hydrosols made by steam distillation of organic grown aroma plants and preserved in radish root extract (no alcohol). Ideally store in a cool place and once opened, use up quickly.



Certified organic natural cosmetic (Natrue)

All information about the raw materials such as botanical name, extraction, origin and many application tips can be found on [www.farfalla.ch](http://www.farfalla.ch)

FARFALLA.CH

## ORGANIC ALOE VERA

A real moisture dispenser! Thanks to its rich abundance of enzymes, vitamins, minerals etc. Aloe vera gel accelerates cell renewal, stimulates collagen production and improves the elasticity of the skin. Legend has it that Aloe vera is the only plant that grew in the Garden of Eden. The two Egyptian queens, Nefertiti and Cleopatra are said to have used Aloe vera as part of their beauty treatments.



Certified organic natural cosmetic (Natrue)

Extra Moisture

## ROSE MASKED BALL

My beauty ritual before the weekend: hydrosol rose blossom organic for relaxation and lovely radiance. Every Friday evening I treat myself to this timeout: my skin and I feel fresh and lively again.

Christa, farfalla Zürich

## PRODUCTS

1/2 portion  
SOS anti-fatigue  
face mask  
1-2 squirts  
Hydrosol rose  
blossom organic

## RECIPE

1. Evenings after cleansing mix 1/2 portion SOS anti-fatigue face mask with 1 – 2 squirts of hydrosol rose blossom organic.
2. Apply to skin.
3. Spray cotton wool pads with sufficient hydrosol rose blossom organic, press lightly onto closed eyes and relax for 10 minutes.
4. Wash off mask: emulsify lightly with moist fingers, remove most of it with a flannel and rinse with a lot of water.
5. Enjoy your fresh as a daisy, silky soft skin!

**DID YOU KNOW:** ROSE WATER PADS ARE GENERALLY VERY SOOTHING AND HELP TIRED, RED AND STRAINED EYES. (SKIN COMPATIBILITY AND EYE TOLERANCE RATED AS "VERY GOOD" BY A DERMATOLOGIST AND OPHTHALMOLOGIST).





Comfort

SOUL PATCH OIL

What to do when children feel sad? When trouble with friends, at school or sensory overload don't let them calm down in the evening, sometimes even cause tummy ache? With a fragrant foot or stomach massage in the evening, I give my children loving attention, relaxation and comfort. The scents help them to "digest" the day better.

Serena, Ethnobotanikerin

PRODUCTS

- 15ml Organic jojoba body oil
- 2 drops Essential oil of red mandarin
- 2 drops Essential oil of vanilla
- 1 drop Essential oil of lavender fine

FORMULA

1. Mix all ingredients well.
2. Warm a drop of the resulting oil on the palm of your hand and gently massage the child's feet or belly.

DID YOU KNOW? A 0,5% DILUTION OF ESSENTIAL OILS WOULD CORRESPOND TO 1-2 DROPS ON 15ML BASE OIL. YOU MIGHT WANT TO ADD A FEW DROPS MORE, SINCE MANDARIN, VANILLA AND LAVENDER ARE REALLY VERY MILD AND SUITABLE FOR CHILDREN. FOR CHILDREN UNDER 3 YEARS, USE ONLY ONE DROP OF VANILLA AND ONE DROP OF MANDARIN.NDEN.

Welcome to the  
farfalla formula world

WWW.FARFALLA.CH

DIY- Formulas - Tips

PFLANZLICHE ROHSTOFFE FÜR HAUT- & AROMAPFLEGE



Pampering

What's special about the active plant ingredients is that they do not only have an effect on the body but also on our senses – and our soul. Why not use face and body care as an occasion to pamper yourself?



APRICOT KERNEL ORGANIC OIL

The regaling all-round oil for every day, especially for sensitive, dry skin as well as for baby skin. It sustainably supports the skin's moisture balance, preserves its elasticity and promotes regeneration. Stressed skin is gently soothed, pale skin refreshed and revitalised.

75 ml & 500 ml



COCONUT ORGANIC OIL

A real treat for all ages. Rough, irritated or stressed skin can profit especially from the cooling, stabilising and calming properties of the organic coconut oil with its high content of lauric acid. The oil is soaked up by the skin leaving it silky smooth but not greasy.

75 ml & 500 ml



SWEET ALMOND ORGANIC OIL

This favourite organic oil for the whole family pampers all skin types for both facial and body care. Perfect to balance dry and sensitive skin thanks to its moisturising and protective ingredients. Also ideal for babies and children.

75 ml & 500 ml



ORANGE BLOSSOM ORGANIC HYDROSOL

This balancing and nourishing organic hydrosol is wonderfully calming for the skin; dry and mature skin especially profit from its valuable ingredients. Also ideal for refreshing yourself while travelling or against hot flushes. This hydrosol relaxes and pampers.

75 ml



Protection against the cold

The skin needs special protection at icy cold temperatures to prevent it becoming rough and chapped.



AVOCADO OIL ORGANIC

The particularly soft-to-the-skin oil. An extremely efficient skin-care oil for normal to very dry skin. Thanks to its precious hygroscopic properties for the epidermis and its high vitamin content, it is especially nourishing, protecting and caring.

75 ml & 500 ml





## Regeneration

An improved supply with moisture and herbal active agents supports skin cell activity and maintains its youthful freshness and suppleness.

90%  
of all women show  
firmer, more elastic skin  
and wrinkle depth is  
visibly reduced\*



### ALOE VERA SMOOTHING FACE GEL

Visibly firms and deeply hydrates. The organic aloe vera helps maintain a constant skin-moisture level and vegetable hyaluronic acid has an especially effective anti-aging property.

\*Dermatologically tested  
(28 application days)

50 ml



### ARGAN OIL ORGANIC

Fairtrade. This precious oil for skin and hair is especially recommended for mature as well as blemished skin.

75 ml & 500 ml



### CENTELLA OIL ORGANIC

The Ayurvedic anti-aging oil for face and body. It relieves the skin by soothing the effects of cellulite and stretch marks. It also has smoothing and firming properties. Organic Centella oil (Tiger Grass / Gatu Kola) is a maceration, i.e. an oil extract from Centella Asiatica mixed in organic sunflower oil.

30 ml & 250 ml



### HYDROSOL IMMORTELLE (EVERLASTING) ORGANIC

The herbal water of the Immortelle is regenerating and rejuvenating, not accidentally called „the everlasting“. The warm-fruity scent evokes its flower, yet in a much subtler way than the essential oil. In the world of natural cosmetics, it is considered as a collagen booster and a fountain of youth for the facial skin.

75 ml



### SACHA INCHI OIL ORGANIC

The unique Omega-3 oil regenerates dry and mature skin, provides skin suppleness and prevents visible effects of time. It balances, refreshes and soothes blemished skin. With 47% Omega-3, 35% Omega-6 and 10% Omega-5 fatty acids, this is an unparalleled skin care oil.

75 ml & 500 ml



### POMEGRANATE OIL ORGANIC

The precious anti-ageing oil for face and décolleté. With its unusually high amount of antioxidant omega-5 fatty acid and secondary plant substances, organic pomegranate seed oil prevents premature skin aging and supports the skin's elasticity. Store in a cool place!

30 ml & 250 ml



### MORINGA OIL ORGANIC

Considered as the fountain of youth in ancient times, this oil prevents premature skin aging, smoothes and relaxes the skin by generously moisturising. Rough and dry skin is sustainably balanced through the moisturising effect.

30 ml & 250 ml



### WILD ROSE OIL ORGANIC

The anti-aging oil for dry, mature and sensitive skin helps preventing the effects of time and gives smoothing moisture. Highly recommended against early wrinkles, pigmented spots, couperose or stretch marks. Store in a cool place.

30 ml & 250 ml



### CASTOR OIL ORGANIC

The all-rounder for skin and hair. It attenuates dark circles and fine lines as well as blemished or dry, strained skin areas, as it is meant to activate the skin's own collagen production. In hair care, it helps fighting dandruff and gives full and shiny hair (also for eyelashes and eyebrows).

75 ml



### HYDROSOL ROSE BLOSSOM ORGANIC

Gentle renewal and calming care for sensitive and stressed skin, from a baby's bottom to mature skin in need of renewal.

75 ml & 500 ml



### WEIHRACH REGENERATING FACIAL OIL

Thanks to their skin-regenerating properties, the Boswellia serrata acids contained in wild frankincense soften wrinkles and prevent the premature skin aging.

20 ml



## Detox

Helps the skin to free itself from ballast and to regain its pure and fresh glow.



### BLACK CUMIN OIL ORGANIC

The invigorating detox oil is beneficial to highly stressed and tendentially allergic skin. Its polyunsaturated fats, in particular the linoleic acid, reinforce the skin barrier and maintain a longlasting moisture balance. Also optimal for tendentially blemished skin.

75 ml & 500 ml



### SESAME OIL ORGANIC

The traditional Ayurveda oil revives pale skin with a disposition to dryness; it purifies and regenerates. It enjoys a long tradition as a warming massage oil in the Indian healing doctrine. It absorbs well into the skin and is an ideal carrier oil for active agents.

75 ml & 500 ml





## Moisture

A skin with a moisture balance looks radiant, fresh and supple. Dry skin is taut and the protective barrier function is weakened. The correct extra care fills the moisture deposits and at the same time dispensing strengthening vital substances.



### SHEA-BUTTER ORGANIC

Especially for stressed skin. This organic butter extracted from the nuts of the shea tree is nourishing and calming, regulates the moisture balance and boosts elasticity. Even stressed, dry, rough skin can benefit and become smooth and silky soft again.

200g & 1000g



### ALOE VERA MOISTURISING ALL OVER GEL

A wonderful moisturiser for face and body, either on its own or used in DIY recipes. It gives extra moisture, boosts elasticity and is fragrance-free.

50 ml & 150 ml



### ALOE VERA MOISTURING GEL WITH CUCUMBER SEED OIL

Although it has a light consistency, it nourishes and tightens. A gentle, fresh liaison between moisturising organic aloe vera and organic cucumber seed oil which is rich in minerals and strengthens the connective tissue.

50 ml



### CUCUMBER SEED OIL ORGANIC

A balancing facial oil for all types of skin. It hydrates dry skin, strengthens mature skin and has a cooling and calming effect on blemished skin. Cucumber seed oil is rich in minerals, such as potassium, sodium, magnesium, silicon, etc. and maintains the skin's moisture balance providing intensive nourishment without unwanted shine or a greasy feel.

30 ml

perfect for aroma care formulas due to its long storage life and stability



### JOJOBA ORGANIC OIL

The liquid wax extracted from the seeds of a desert plant is an all round talent for skincare. It gives extra rich moisture, boosts elasticity and preserves the youthful appearance of the skin. Therefore it is ideal to strengthen and firm connective tissue (e.g. during pregnancy).

75 ml & 500 ml



### PEPPERMINT ORGANIC HYDROSOL

Vitalises tired skin and is recommended to clarify impure (blemished) skin. Used as mist for face and décolleté it refreshes and cools, not only in summer but also for hot flushes.

75 ml



### ROSE GERANIUM MOISTURISING FACIAL OIL

The rose geranium relaxes and nourishes the complexion. It is ideal for skin that cries out for more moisture. Its essential oil is furthermore calming and acts as an astringent.

20 ml



Be refreshed

## COOL DOWN SPRAY FOR HOT FLUSHES

This aroma care formula can mitigate the unpleasant side effects of menopause. Rose geranium is a great balancing oil at these moments, orange blossom water is generally very refreshing. The spray helps best when used regularly, several times a day.

Tanja, Pharma-Assistentin

### Products

- 75 ml Organic orange blossom water
- 3 Tr. rose geranium essential oil

### FORMULA

1. mix / shake 75 ml organic orange blossom water with 3 drops essential oil.
2. spray on face, wrists, décolleté and neck when necessary.
3. keep ideally in the refrigerator.
4. shake well before each use!

DID YOU KNOW? THOSE WHO LOVE IT MINTY-FRESH CAN USE THE COOLING ORGANIC PEPPERMINT WATER INSTEAD OF ORGANIC ORANGE BLOSSOM WATER AND/OR PEPPERMINT ESSENTIAL OIL INSTEAD OF ROSE GERANIUM. MAKE SURE TO KEEP RAW MATERIALS CONTAINING MENTHOL (MINT OIL) OUT OF REACH FROM CHILDREN.





## Calming

Strengthening, protecting and soothing additives give the right impulses to bring the skin back into balance.



### ALOE VERA CALMING SKIN REPAIR GEL

With skin-soothing tea tree and lavender as well as intense moisturizer aloe vera. Soothing, cooling and clearing moisture for the skin after sunbath, epilation or for young blemished facial skin.

50 ml



### BERGLAVENDEL SOOTHING FACIAL OIL

The wild mountain lavender calms sensitive, delicate skin and enhances the skin barrier. Organic cucumberseed oil and apricot kernel oil sustain the action with its soothing moisture.

20 ml



### HYDROSOL HAMAMELIS ORGANIC

Soothing, pores refining and skin-calming. Ideal for blemished and stressed skin. Appreciated for its astringent properties, it is also suitable as a soothing after shave.

75 ml



## Clarifying

When the complexion is blemished and shiny, it can be clarified and improved by active substances which reduce the production of sebum, tone and refresh.



### RAVINTSARA BALANCING FACIAL OIL

Ravintsara has a balancing and clarifying effect on blemished skin. It helps the skin to find back a healthy balance and refreshes the complexion, with the help of organic calendula oil and organic black cumin oil.

20 ml



### HYDROSOL ROSEMARY ORGANIC

Clarifying, cleansing and toning, it is recommended for blemished skin, for scalp massages and as an invigorating hair lotion. It stimulates and strengthens the scalp. On exhausted days, it gives energy and vitality.

75 ml



### HYDROSOL TEA TREE ORGANIC

The herbal fresh organic tea tree hydrosol, cleansing, clarifying and with a slight medical fragrance, cleanses and clarifies blemished young skin. It has a soothing effect on the genital area and on the feet, as well as on the baby's bottom. It is also recommended as a refreshing mouthwash.

75 ml



### CALENDULA OIL ORGANIC

The calming oil. It nurses, protects and soothes, particularly the sensitive and delicate (baby) skin. It enhances the self-protection of skin and calms stressed parts. Organic calendula oil is a maceration, which is an oil extract from the calendula blossoms in organic sunflower oil.

75 ml & 500 ml



### HYPERICUM OIL ORGANIC

The soothing relaxing oil is a precious moisturizer for stressed and chapped skin. Generously applied as a body oil, it warms and stimulates it on cold days and lightens the spirit.

75 ml & 500 ml



### HYDROSOL ORGANIC LIME BLOSSOM

Cheers up, gives comfort and relaxing serenity. It helps very active children to slow down and is also good for nervous and overstrained adults. In skin care, its soothing properties are also appreciated for sensitive (baby) skin.

75 ml



### HYDROSOL MELISSA ORGANIC

The organic melissa hydrosol, thoroughly calming and delicately lemony, can be used for all purposes. Ideal for stressed or blemished skin and as a hair lotion for oily scalp. Men appreciate it as a mild after shave lotion. It has also proved itself to be efficient for alleviating cold sores.

75 ml



### EVENING PRIMROSE OIL ORGANIC

The all-will-be-good oil calms and gives moisture and balance to the skin. Thanks to its exceptional high content of linoleic acid and of the rare gamma-linoleic acid, it is especially recommended for flaky scalp. Keep in a cool place!

30 ml & 250 ml



## After sun

Sun – a major factor for skin aging. A reason more to pamper the skin with soothing and moisturising ingredients.



### HYDROSOL LAVENDER ORGANIC

The purple aroma plant is gently soothing and calming: it is ideal for sun-stressed skin just as for broken capillaries and blemishes or else as a hair lotion by sensitive scalp. It also comforts the mind by tensions and anxiety.

75 ml



### SEA BUCKTHORN PULP OIL ORGANIC

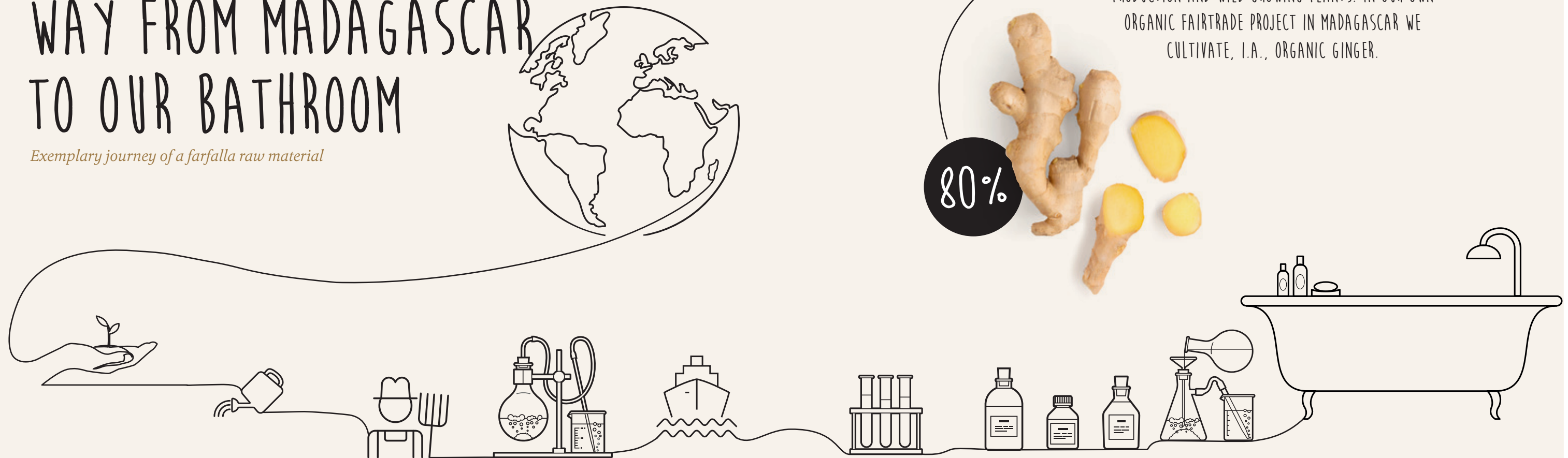
The repairing oil smoothes damaged and mature skin (also after sunbath), prevents moles and conjures up a healthy complexion. Due to its orange colour, it should be mixed at a ratio 1:10 with other oils like almond oil or jojoba oil.

30 ml



# HOW GINGER FINDS ITS WAY FROM MADAGASCAR TO OUR BATHROOM

Exemplary journey of a farfalla raw material



## ORGANIC NURSERY

Our small ginger seedlings are well looked after in the nursery by local organic agronomists. The respect for nature, resources and mankind plays an important role here.

## ORGANIC CULTIVATION

The young plants are now ready to be transplanted into selected organic fields belonging to our 2000 small farmers. These partners have many advantages such as guaranteed purchases and fair trade premiums; even the whole village profits from our social commitment.

## HARVEST

When the ginger plants are fully grown, they are harvested and taken to the distillery. The organic farmers are rewarded with fair wages for tending the plants with such care.

## DISTILLATION

Our local partners distil the aromatic rhizomes releasing at last the coveted essential oil. It pleases our farmers to hear that the guests are surprised at the pungent spiciness of their rhizomes (and use them for a kind of Madagascan pesto).

## TRANSPORT

The organic ginger oil is bottled hermetically and then is ready for its long journey to Switzerland to us in Uster/Zurich.

## QUALITY CONTROL

Now for it! As soon as the organic ginger oil arrives, its quality (physically and analytically) is tested in our laboratory.

## PRODUKTION

The essential oil is then filled up in our own production or used further in a natural cosmetic formulation for shower gel, body oil, air fresheners etc.

## INTERMEDIATE CONTROL

The finished product must pass another quality control (physically & bacteriologically).

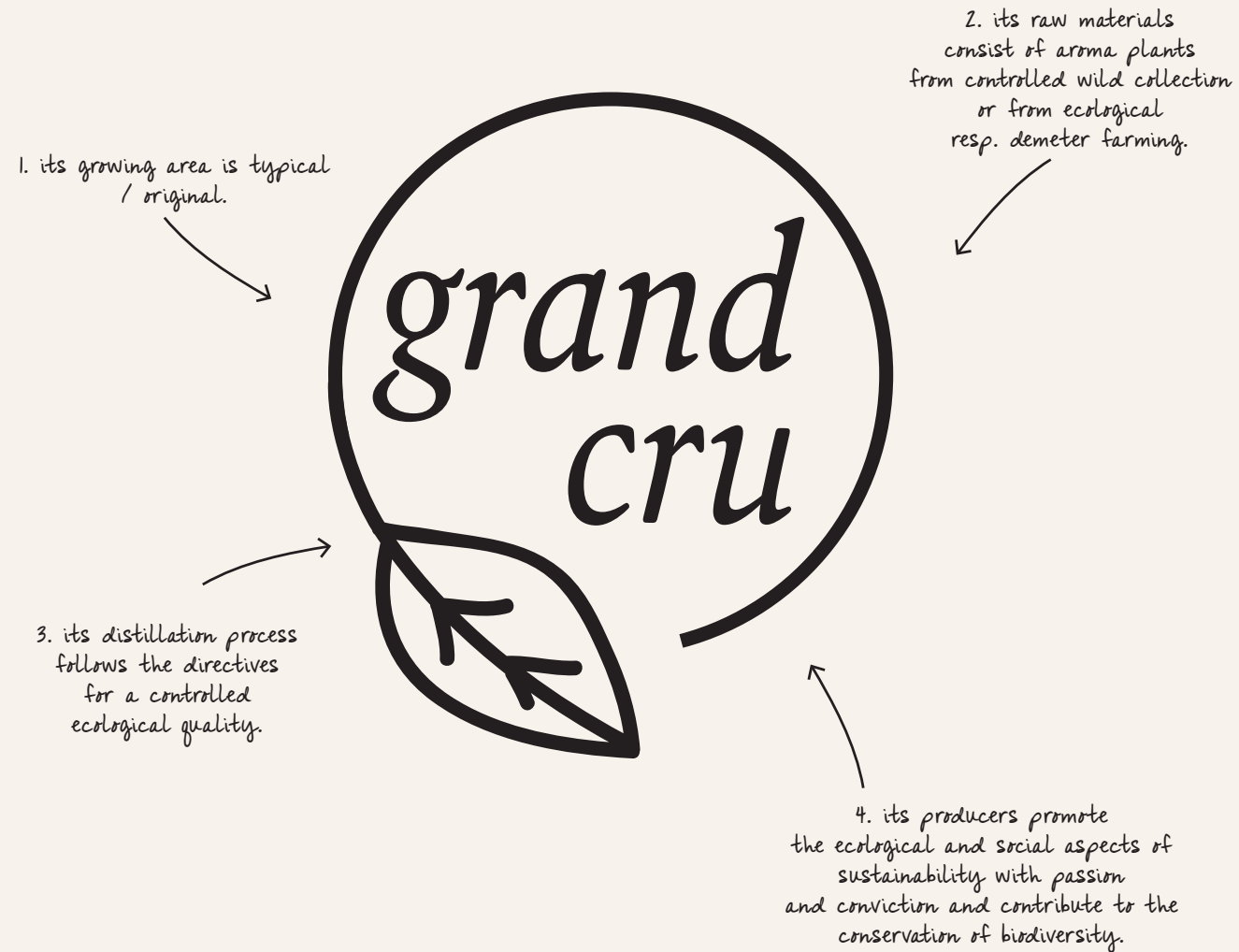
## COMPLETION

Success! We fill up the 100% natural ginger product and pack it up for the next journey.

## DISPATCH

The journey of our ginger is not over when sent to one of our branches, partner stores or put on our online shop; it still has to find its way into our bathroom.

# A FARFALLA LABEL



From sowing and harvesting to distillation, pressing or maceration of the freshly harvested plants – our farming partners all over the world share our values in terms of ecology and humanity and meet our high quality standards. Our “Grand Cru” label is awarded to oils whose producers, in addition to their passion for ecological growing, offer social or ecological added value.

## IRAN

The project “roses instead of poppies” opens up a new perspective for a mountain region and promotes

cultural and social projects (orphanages, among others).

## INDIA

Our farming partner employs single mothers and disadvantaged women; he also provides education for their children (palmarosa, lemonGrass, among others).

## MADAGASCAR

The organic fairtrade cooperative supports more than 2000 small farmers and their whole region with social benefits and improved infrastructures, like schools, medi-

cal centers (ylang ylang, ravintsara, ginger and many others).

## MOROCCO

An exemplary social company preserves the Berbers’ age-old practices in exploiting the argan tree and strengthens the position of women (argan oil).

## SOUTH OF FRANCE

Dedicated wild plants collecting women keep an old tradition alive in a structurally weak region (wild mountain lavender).



Take or pay contracts, workers protection, medical care, a new school, instructions in ecological farming for yield increase in their self-sustaining gardens – these services, offered by the ecological fairtrade project in Madagascar, do not only benefit the small farmers and the project’s employees, they extend to all the inhabitants of the region.

## AN AWARD THAT GOES BEYOND THE OUTSTANDING QUALITY OF THE OILS



# FARFALLA-ACADEMY

## OUR TRAINING AND DEVELOPMENT COURSES



*Acquiring and broadening one's professional knowledge with specialised expertise on the topic area «health management and natural care»! We offer diploma and certificate courses for aroma consulting, aroma care and aromatherapy as well as courses in the domains of natural cosmetics and massages. They are recognised as training and development for specialists and motivated beginners. The modules can also be booked individually.*

## OUR SEMINAR LEADERS

*Thanks to their fascination for the power of essential oils, their expertise in botany, osmology, nursing care, interaction with people etc. as well as their love for lively knowledge transfer, our seminar leaders have become an important pillar of the farfalla world. Many of them are our longtime companions.*



## Knowledge may have a beginning, but it has no end

*Geeta Iyengar*

*Our academy offer is regularly complemented with new topics. All seminars, courses and workshops as well as all current dates are available at [www.farfalla.ch](http://www.farfalla.ch) Event venues: farfalla-academy in Uster/ZH and other course venues in CH and DE..*

*We will gladly counsel you at [akademie@farfalla.ch](mailto:akademie@farfalla.ch) T 0041 44 905 99 00*



*Basic seminar*

## AROMA CONSULTING, AROMA CARE AND AROMATHERAPY

*One-day seminar in Uster, course instructor Jean-Claude Richard All info: [www.farfalla.ch](http://www.farfalla.ch)*

*The basis for the whole course offer! Contents: historical and modern aromatherapy; essential oils: extraction, origin, durability; hydrosols; essential oils in the kitchen, healthcare and cosmetics; olfactory sense and feelings; the human skin and its sensual scents; precautionary measures when dealing with essential oils; organic labels etc.*



*Aroma  
course certificate*

## AROMA CONSULTING

*5-days Aroma course certificate (for all interested persons)*



*Aroma-  
course certificate*

## AROMA CARE

*10-days part-time course certificate (for persons with paramedical professions, relatives of chronically ill persons etc.)*



*Aroma-  
course diploma*

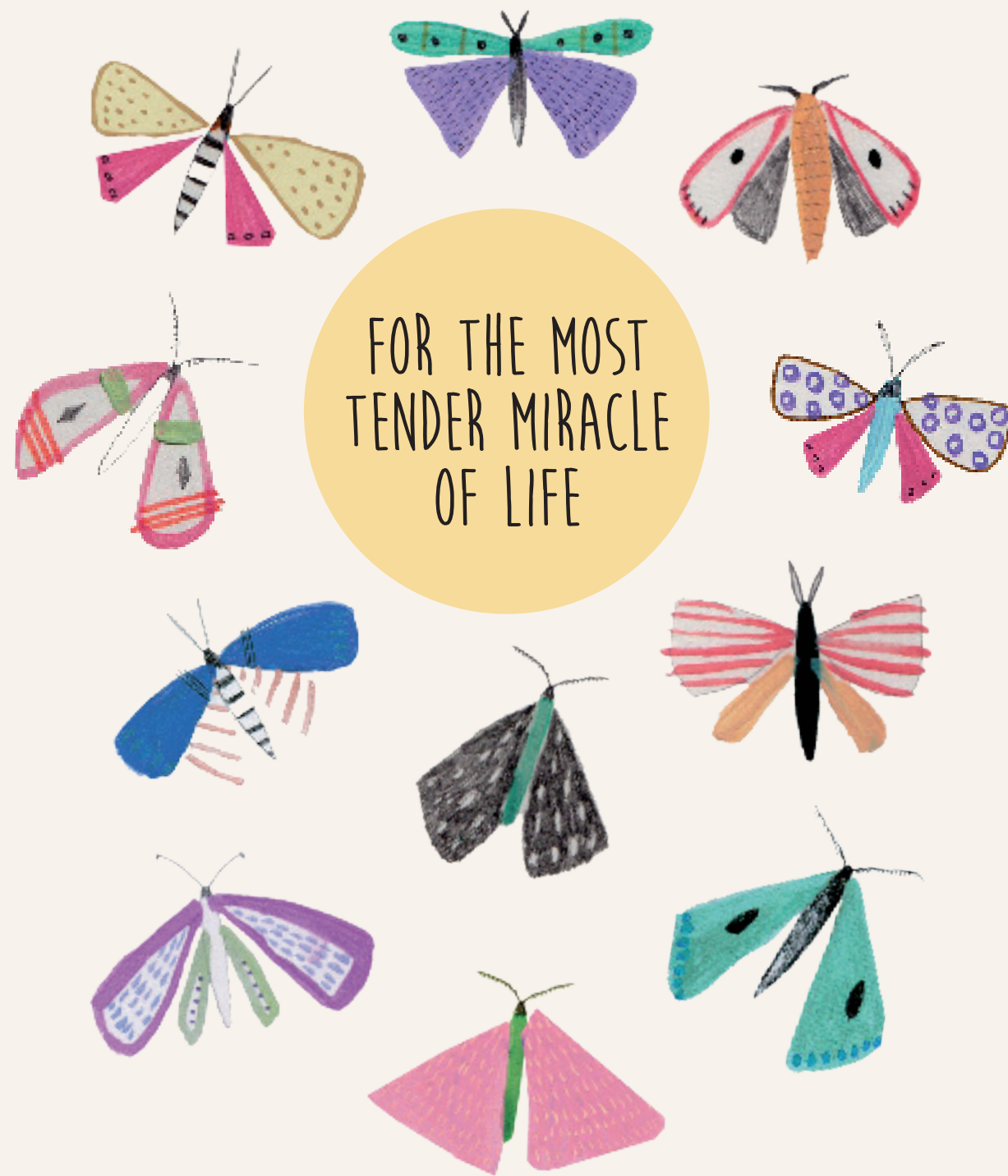
## AROMATHERAPY

*15-days part-time course diploma (degree with thesis possible)*

*Workshops, seminars, training and development on various topics such as \* Aromatherapie bei Stress und Schlafstörungen \* Aromatherapy for stress and sleep problems \* The art of mixing \* Fit and vital instead of tired and weak \* Herb hike on the Hirschberg \* Through the first three years of life \* Through the whole year with the power of plants – scented companions for the whole family \* Rose, lavender and Co. – Aromatherapy for common female disorders and many more –*

*All modules for the course certificates can be booked separately on*

*[www.farfalla.ch](http://www.farfalla.ch)*



# BABY

*From day one, babies sensitive, delicate skin are in need of protection as is their little personality. Only selected valuable, super-gentle and purely herbal organic raw materials may be used to care for and protect their skin in the best possible way. Developed by the young farfalla generation with their own parental experience.*



NEW

## GENTLE CREAM FACE & BODY

*An extra portion of gentle caresses, that's the promise of the gentle cream, with precious apricot kernel oil and organic lime blossoms hydrolate will provide. Nourishing and moisturizing organic shea butter smoothes the skin. For infants 3 months and older.*

100 ml



NEW

## SOOTHING TUMMY OIL

*Chamomile and fennel are particularly soothing and comforting to the baby belly. For infants 3 months and older.*

30 ml



NEW

## WELLBEING BALM

*Oh dear! Nose irritated and sensitive? A comforting and baby-soft companion in the cold season for chest and back. This gentle herbal balm based on organic apricot kernel oil and organic sunflower oil is comforting when things could be better.*

30 ml



## AROMA-STONE

*Ceramic aroma stones slowly release the scent into the room air. They are suitable for refreshing and vitalising living spaces, bathing areas, bedrooms and offices. Sprinkle a few drops of essential oil on the stone; repeat if necessary.*



LEAF

underside glazed  
9.5 cm length



ANGEL KISS

saucer gold included  
12 cm length



ORIENT

underside glazed (with box)  
6 cm diameter



SPIRAL

underside glazed  
5.5 cm diameter



STAR

underside glazed  
6 cm diameter



BUTTERFLY

underside glazed (with box)  
6 cm diameter

## AROMA LAMP &amp; DIFFUSER

*Nebulisers are particularly suitable for rooms in which no candles (flame) are permitted, e.g. in public buildings, hospitals, patient's rooms or in homes. Also in case a quick change of scent is required, for example in therapy rooms, between patients.*



JUNIOR

Bamboo with  
ceramic Shell white  
9 x 9 cm, 14 cm high



VENUS

Bamboo with  
ceramic Shell white  
11 x 11 cm, 14 cm high



AROMA LAMP CLEANER

Special solution for cleaning  
sticky edges and deposits in  
fragrance lamps.



BUTTERFLY

Bamboo with  
ceramic Shell white  
9 x 9 cm, 14 cm high

AROMA DIFFUSER  
CUBE

Nebulizes without heat  
with ultrasound, electric

AROMA DIFFUSER  
SILENT WHITE

Nebulizes without heat with ultra-  
sound, electric, particularly quiet

AROMA DIFFUSER  
TRAVEL MOUSE

Nebulizes without heat  
with ultrasound, electric,  
with light and color changes

CAR & HOME  
AIR FRESHENER

Suitable for a room size of up to  
12 m<sup>2</sup>, with USB cable or battery,  
12 cm diameter.



AROMA-STONE CLOUD

Nebulizes without water.

AROMA DIFFUSER  
POCKET SIZE

Nebulizes without heat with ultra-  
sound, electric

# INCENSE STICKS

Incense sticks without synthetic additives – a rarity. Three Swiss companies (Claro, Pema of Tibet and farfalla) have founded FAIRINCENSE, a fairtrade project in southern India, in which only natural ingredients are used and fair trade guidelines are observed.



FAIRCENSE  
RÄUCHERSTÄBCHEN

10 Stäbchen, Brenndauer etwa 30 Minuten

Amber	Cocooning
Lavender	Anti-Stress
LemonGrasss	Relax on Earth
Patchouli	Dream of Asia
Rose geranium	Comforting
Sandalwood	Compassion
Vanille-Benzoe	Good Luck
Vetiver	Tropical Forest
Incense	Aura
Ylang Ylang	Joy of Life
Cedar	Forest Breeze
Cinnamon	Warming



INCENSE STICK HOLDER LOTUS

# FUMIGATIONS & INCENSE BURNERS

Smoking is practised in all cultures of the world. People knew that essential oils are released when plants are smoked and that they have a cleansing effect. It was smoked to eliminate bad odours, but above all so that the gods should be mercifully tuned.



SMOKE RESINS AND LEAVES

	g
Benzoe Siam (resin)	20
Myrrrh 1st. quality (resin)	20
Patchouli leaves	10
Sandalwood white	20
Tonka beans	20
Incense 1st. quality (Boswellia frerana)	20
White sage (2 bundles)	30

SMOKE BLENDS

	g
Arabischer Weihrauch (Weihrauch mit Kräuterüberzug)	30
Atmosphären-Reiniger (LemonGrasss, Salbei, Lavendel u.a.)	20
Wohnungswechsel (Weihrauch, Mastix, Salbei, Beifuss u.a.)	20



CHALICE

Ceramic with black glaze, 12cm diameter



CYLINDRICAL INCENSE BURNER BEIGE

stoneware with sieve, 8cm diameter

ACCESSORIES

Smoking coals Ø 3cm with ignition aid (rolls à 10 tablets)
Steel brush for sieve cleaning
Smoke sieve
Copper tongs for placing the hot smoking coals
Smoke sand, bags of 500gr. each





## Aroma-Yoga

## MEDITATION SPRAY

It is a wonderful thing to accompany different aspects of a meditation with essential oils. This mixture is centering, supports inner clarity and helps find a distance to everyday life // helps to detach from the daily routine.  
Franziska, yoga teacher

## PRODUCTS

27 ml

DIY organic perfume

10 drops  
essential oil of  
bergamot low on  
furocumarinarm8 drops  
essential oil of lime7 drops  
essential oil  
of balsam fir6 drops  
essential oil  
of petitgrain2 Tropfen  
essential oil of  
Roman chamomile

## FORMULAS

1. Add the essential oils to the DIY organic perfume base and gently swivel to mix.
2. Apply like a perfume – spray selectively on décolleté and wrists and inhale.
3. Close your eyes and let your thoughts drift by.

More formulas on [www.farfalla.ch](http://www.farfalla.ch)

**DID YOU KNOW:** FOR A HEART OPENING MEDITATION SPRAY, ROSE (ALSO ROSE GERANIUM), BENZOIN, VANILLA AND MANDARINE WOULD BE A NICE COMBINATION.

DO IT YOURSELF  
ZUBEHÖRLIQUID HAND SOAP  
ORGANIC

Odourless, very mild saponification of organic plant oils. Perfect as a basis to make-at-home liquid hand soap mixed with essential oils.

300 ml



## COCONUT BASE

Fragrance-free and very smooth foam basis from herbal raw materials with wheat protein. Ideal as a basis for mixing yourself shower gels and soaps with essential oils.

200 ml &amp; 1000 ml



## ROOM SPRAY ORGANIC

Denatured with bergamot poor in furocumarin, for manufacturing air fresheners or diluting essential oils.

70 ml



## PERFUME ORGANIC

Denatured with bergamot poor in furocumarin and elaborated with organic witch hazel water, for the manufacturing of natural perfumes and body sprays.

27 ml



## AROMA KIT

Woodbox, beech wood with handle, empty

for 40 essential oils

NASAL STICKS WHITE  
(20 PCS)

For individual filling with essential oils for dry inhalation.

## 5 NASAL STICKS

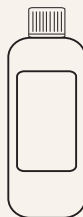
In 5 colours



## SCENT STRIPS

(block of 50 strips)

# EMPTIES



	<i>Inhalt</i>	
<i>Empty bottle brown glass (with pipette)</i>	<i>1 ml</i>	<i>3 Stk.</i>
<i>Empty bottle brown glass (without cap)</i>	<i>5 ml</i>	<i>6 Stk.</i>
<i>Empty bottle brown glass (without cap)</i>	<i>10 ml</i>	<i>6 Stk.</i>
<i>Empty bottle brown glass (without cap)</i>	<i>30 ml</i>	<i>6 Stk.</i>
<i>Empty bottle brown glass (without cap)</i>	<i>75 ml</i>	<i>6 Stk.</i>
<i>Empty bottle brown roll-on 10ml with lid</i>		<i>3 Stk.</i>
<i>Cap (for thin oils) for brown glass</i>		<i>6 Stk.</i>
<i>Cap with pouring ring for brown glass</i>		<i>6 Stk.</i>
<i>Pipette for brown glass</i>	<i>for 10ml</i>	<i>6 Stk.</i>
<i>Pipette for brown glass</i>	<i>for 30ml</i>	<i>3 Stkk.</i>
<i>Plastic bottle with disc-top cap</i>	<i>200 ml</i>	<i>1 Stk.</i>
<i>Spray nozzle for brown glass bottles (spray)</i>	<i>for 5 – 75 ml</i>	<i>1 Stk.</i>
<i>Opal glass jar, white, incl. lid</i>	<i>15 ml</i>	<i>1 Stk.</i>
<i>Opal glass jar, white, incl. lid</i>	<i>30 ml</i>	<i>1 Stk.</i>
<i>Pump to 500ml and 1000ml care oil</i>		<i>1 Stk.</i>
<i>Pump to 1 liter shampoo / liquid soap bottle</i>		<i>1 Stk.</i>